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SummitTIMES

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O N T O P O F T H E N E W S

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Governor greets Sikkim on Drukpa Tshechi

SUMMIT REPORT
GANGTOK, 15 JUL:

Governor Shrinivas Patil and the First Lady Smt. Rajanidevi Patil have extended warm greetings to the people of Sikkim on the auspicious occasion of Drukpa Tshechi.

In his message, the Governor conveys, "As we congregate to pray on the auspicious day of Drukpa Tshechi, we remember with great reverence Lord Buddha's first sermon at Sarnath. Drukpa Tshechi marks the initiation of Wheel of Dharma into motion, or the Dharma Chakra Pravartana, considered the greatest deed of Lord Buddha for the salvation of mankind. The Buddhist philosophy of middle path, non violence, love and compassion has been regarded as the universal values. Buddha's teachings and approach of rational self enquiry, discipline and harmony and his philosophy of non violence, love and compassion shall continue to guide us in our journey called life.

On this auspicious day, I call upon all to preserve our exemplary tradition and social harmony through religious and spiritual pursuits. I join my fellow Sikkimese to pray for well being of all sentient beings."

CM wishes for unity and kindness on Sikkim for Drukpa Tshechi

SUMMIT REPORT
GANGTOK, 14 JUL:

Chief Minister Pawan Chamling and Mrs Tika Maya Chamling have extended warm greetings and best wishes to the people of Sikkim on the auspicious occasion of Drukpa Tshechi.

As the festival embodies the spirit of purity and goodness, the Chief Minister conveys that the same spirit of unity and kindness may spread amongst the Sikkimese people.

"In a world rife with violence and hatred, the path shown by the Buddha and his teachings of non-violence and peace should serve as a guiding light for humanity to make the world a better place to live in," the CM has said.

The Chief Minister concludes his message by stating, "Let us become better human beings by following the teachings of the Buddha and keep our minds free from any kind of negativity, and spread the message of love, compassion and righteousness."

SILTAC confident that next Assembly election will have LT seats

"IRRESPONSIBLE" PARTIES HAVE CREATED CONFUSION IN DELHI AND DELAYED PROCESS

SAGAR CHHETRI

GANGTOK, 15 JUL:

Sikkim Limboo-Tamang Apex Committee (SILTAC) has expressed full con-



fidence that the Limboos and Tamangs of Sikkim will contest the next assembly election from reserved seats. A SILTAC delegation recently returned

"satisfied and convinced" from Delhi sensing positive developments on the seat reservation issue for Limboos and Tamangs in the Centre. The two communities, it may be recalled, although they were included in the Scheduled Tribes list more than a decade back, are yet to receive seats Constitutionally mandated for STs in the State Legislative Assembly.

A seven-member SILTAC delegation led by their chairperson, CB Subba, advisors Kalawati Subba and Lakpa Ghising, general secretary, Basant Kumar Subba and members Anita Tamang, Sukra Kumar Subba and Bikram Tamang had recently visited different concerned Union Ministries and agencies in Delhi to seek an update on latest developments on the issue.

Addressing a press conference here on Sunday, SILTAC chairperson, Mr CB Subba informed that with this a successful tour and that SILTAC was 99% confident that Limboos and Tamangs will contest the upcoming assembly elections from seats reserved for them.

turn to pg02



Darj Everester Pemba Sherpa missing in Karakoram

DARJEELING, JUL 15 (PTI): Eight-time Mount Everest climber Pemba Sherpa has gone missing while returning with a team of mountaineers after successfully scaling 7,672 metre-high Saser Kangri peak in the Karakoram range.

According to police sources, the seasoned mountaineer from Darjeeling fell into a crevasse on Friday.

Pemba's wife told reporters that the family lost all communications with him on July 13 and she is hoping for a miracle to see her husband again.

"Last Friday, a representative of Tibetan police brought the news that Pemba Sherpa is missing," she said.

According to local police sources, a Tibetan police team has started conducting searches at the spot from this morning.

The Darjeeling administration is also keeping a close watch on the developments.

"We are worried about Pemba. He was a skilled person," Animesh Basu of Himalayan Nature and Adventure Foundation (NAF) in Siliguri said.

The team of mountaineers that Pemba was leading had begun its journey from Kolkata on June 20.

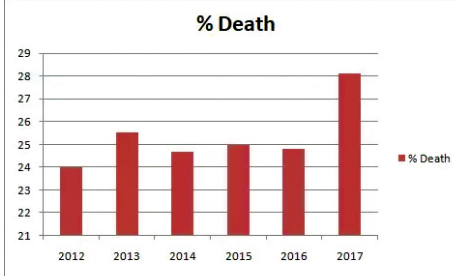
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KURSEONG FOR FRANCE: Soccer fans in Kurseong town supporting France before the World Cup final on Sunday night took out a rally comprising for the French team fans. France was to take on Croatia for the Cup. [from REBYNA RANA]

Deaths from cardiovascular disease rising in India: Study

NEW DELHI, JUL 15 (PTI): More than one quarter of all deaths in India in 2015 were caused by cardiovascular disease, which is mostly affecting the rural populations and young adults, according to a new study.



Led by Prabhath Jha, director of the Centre for Global Health Research of St Michael's Hospital in Toronto, the study said the rate of dying from ischaemic heart disease -- cardiac issues caused by narrowing of the heart's arteries -- in populations aged 30-69 years increased rapidly in the rural areas of the country and surpassed those in the urban areas between 2000 and 2015.

In contrast, the probability of dying from stroke decreased overall, but increased in India's northeastern states, where a third of premature stroke deaths occurred and only one sixth of the population lives.

In these states, deaths due to stroke were about three times higher than the national average, according to the study published in the Lancet Journal.

"The finding that cardiac disease rose nationally in India and that stroke rose in some states was surprising," said Jha, who is also a professor in the Dalla Lana School of Public Health at the University of Toronto.

"This study also unearthed an important fact for prevention of deaths due to cardiovascular disease. Most deaths were among people with previously known cardiac disease, and at least half were not taking any regular medications," he added.

Cardiovascular disease, comprising

mostly of ischaemic heart failure and stroke, is the leading cause of death worldwide. Until now, most of the evidence of cardiovascular mortality in India has come from small, local studies or from imprecise modelling exercises.

"This work equips us with more detailed information that we could not have predicted based on earlier studies," said Jha.

This research is part of the Million Death Study, one of the largest studies of premature deaths in the world. In India, most deaths occur at home and without medical attention.

Hundreds of specially-trained census staff in the country knocked on doors to interview household members about deaths. Two physicians independently examined these "verbal autopsies" to establish the most likely cause of death.

"Making progress in fighting the leading cause of death in India is necessary for making progress at the global level," Jha said.

"We demonstrated the unexpected patterns of heart attack and stroke deaths. Both conditions need research and action if the world is going to achieve the United Nations Sustainable Development Goal of reducing cardiovascular mortality by 2030," he said.

Department of Information & Public Relations
Government of Sikkim

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Wednesday, May 9, 2018

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Sikkim Herald - Manager Edition - May 08, 2018

THE YUKSAM-TASHIDING CONSTITUENCY MEETING CONCLUDES

R.O. No. 201/IPR/PUB/Classi/18-19 Dated: 14.07.2018

SFA SECOND DIVISION SIKKIM LEAGUE

SDF convenes meeting of BLCs

SUMMIT REPORT

MANGAN, 04 JUL:

Sikkim Democratic Front today convened a meeting of its booth-level for the three constituencies of North Sikkim here at Hotel Planters.

The meeting was chaired by KB Chamling in the presence of the party North District president, Pintso Namgyal Lepcha, vice president, Khamsong Lepcha, CLC president, Choden Lepcha and other committee members.

Addressing the meeting, Mr Chamling said that all the committee members should procure voter list from the BLOs and cross-check the list for duplications.

Queries were also raised by the committee members which were answered by the chairperson.



Kumar Sporting downs Dzongri FC 10-01

SUMMIT REPORT

GANGTOK, 15 JUL:

Kumar Sporting Club thrashed Dzongri Football Club 10-01 at the ongoing Sikkim

Football Association Second Division Sikkim League 2018 here at Paljor Stadium on Sunday.

Manas Rai and Top-

den Lepcha scored four goals each for Kumar SC, while their teammates Karma Tamang and Sanjan Khawas contributed a goal each in the big

margin victory of the team.

Pranay BK has scored the face-saver for Dzongri FC in the additional time of the first half.



Sikkim United outplays UKFC at Akkar Summer Cup

JORETHANG, 15 JUL: In the pre-quarter final match of the ongoing Akkar Summer Cup Open Football Tournament here today, Sikkim United, Gangtok, edged past UKFC-Kurseong 1-0 goal with the man of the match award going to Rajiv Pradhan of UKFC-Kurseong.

On Monday, Dynamo FC of Darjeeling will take on Sikkim Police.

The tournament, it may be recalled, is being organised by Jorethang Football Club (JFC) on the theme, "Say no to Drugs".

The tournament carries a cash award of Rs 1.25 lakh for the winning team and Rs 75,000 for the runners-up along with trophies. The final match is scheduled for 21 July.

South Zilla Adhakshya, Phar-

wanti Tamang, was present as the chief guest today accompanied by P Wangdi, CGM, State Bank of Sikkim, as the guest of honour. Also in attendance were area MLA, Arjun Kr Ghatani, SDF CLC general secretary John Rai, ex-servicemen, police staff, committee members and local dignitaries.

[from JEEWAN SUBBA]



SKM on door-to-door outreach in East

SUMMIT REPORT

GANGTOK, 15 JUL:

A Sikkim Krantikari Morcha team, led by SKM working president, Navin Karki, is currently on a door-to-door tour or East Sikkim.

The team has been interacting with the people of different constituencies here over the last three days and receiving grievances and issues of the people in their respective

areas, an SKM press release informs.

Complaints of favouritism in the distribution of benefits, was a frequent complaint, the release adds.

17 picked Nipah virus from 1st victim: Kerala govt report



THIRUVANANTHAPURAM, JUL 15 (PTI):

A detailed study by the Kerala government in the recent outbreak of Nipah virus has suggested that 17 of the 19 infected people might have contracted the deadly virus from the first victim, 26-year-old Mohammed Sabith.

Sabith, who died on May 5, was among the 17 people who lost their lives after they contracted the virus. Two people had recovered.

As per available records, it has been found that Sabith contracted the Nipah virus from fruit bats and 17 others -- including three from his family i.e. father, younger brother and a paternal aunt -- got infected from him, government sources said.

Besides, the virus from him is also suspected to have infected four other people at the Perambra Taluk Hospital, Kozhikode, where he was first brought, the sources in the state surveillance department of the Kerala Health Services said, adding that 10 others in the Kozhikode medical college hospital, where he was taken for a CT scan in the radiology department, also picked the virus from him.

One patient was infected by another man at the Perambra hospital, they said.

It is suspected that Sabith, an electrician, had contracted the virus from fruit bats, however, it is not clear the circumstances under which he got infected. Sabith had returned from the gulf eight months before he died.

Sabith first took treatment as an 'out patient' at the Perambra hospital for high fever and body pain on May 2.

On May 3, he was admitted at the hospital, and it is suspected that four people on night duty including sister Lini Puthusseri, who attended to him, picked the virus from him.

As his condition worsened on May 4, Sabith was shifted to the Medical College hospital for a CT scan, where he died on May 5. Ten people got infected

at the medical college on the single day he was there, the sources said.

Though Sabith's blood samples were not tested for Nipah, as per records, it has been concluded that he had contracted Nipah virus, the sources said.

His younger brother was admitted to the hospital with similar symptoms and tests revealed that he was Nipah positive. He died shortly after, followed by their 60-year-old father and a paternal aunt who had come to help them.

It was suspected that the brothers might have contracted the virus when they got into a bat-infested well in their newly bought property. However, the bats in the well were found to be insect-eating ones, the sources said.

As a precautionary measure, a contact list of nearly 3,000 people with whom the infected persons had been in touch was prepared and they were put under quarantine. Nipah test was also conducted on them, the sources said.

The exhaustive report on the Nipah outbreak has been sent to the central surveillance department, the sources said.

Since the outbreak had national implications, the state surveillance unit has sought permission to officially close the outbreak as the 42-day double incubation period of the virus is over.

Two of the infected patients made a miraculous recovery bringing cheer to the doctors and nurses who treated them.

Fever, altered mental status, severe weakness, headache, respiratory distress, cough, vomiting, muscle pain, convulsion, diarrhoea are the symptoms of the virus, which also causes severe illness characterised by inflammation of the brain (encephalitis) or respiratory diseases.

The government had declared Kozhikode and Malappuram districts as free of Nipah on June 30 after no new cases were reported since May 31.

Lesser floricans, found only in Indian subcontinent, are in trouble: survey

INDORE, JUL 15 (PTI): The population of Lesser floricans, who migrate to the central and western parts of India from other parts of the country during the breeding season, is fast dwindling as their habitats are shrinking, a survey has found.

The number of these Bustard-family birds, popularly

known as 'Kharmore' or 'Likh' in Central India, has nosedived by 80 per cent in the last 17 years, a 2017 survey led by the Wildlife Institute of India (WII) said.

"A conservative estimate of 264 individuals that indicates about 80 per cent population decline in last 3-4 generations since 2000" was observed, the survey report, which

came out recently, said.

Every year, the birds migrate to Madhya Pradesh, Maharashtra, Rajasthan and Gujarat in July, and live there for around four months before flying off elsewhere. They are found only in the Indian subcontinent. Construction activity, urbanisation and over-grazing of grasslands are destroying the

birds' habitats, while predators such as stray dogs and other feral animals also pose a threat as they prey on the birds' eggs, the survey said. Ratlam-Sardarpur in Madhya Pradesh, Shokaliya-Kekri in Rajasthan and Akola-Washim areas of Maharashtra were found to be the most threatened habitats, the report said.

SILTAC confident that next Assembly election...

contd from pg01

He informed that during the tour, SILTAC learned that the file related to the seat reservation issue has already been cleared by the Ministry of Law and was presently with the Home Ministry and will soon be presented in the Union Cabinet for the final decision.

Updating about the recent Delhi tour, Mr Subba further informed that the SILTAC delegation met Union Ministers and senior officials of different Ministries and agencies in Delhi from 25 June to 05 July and also presented memorandum forwarded by Chief Minister Pawan Chamling.

The delegation met the Union Home Minister Rajnath Singh on 27 June and received a positive assurance after a fruitful discussion on the seat

reservation issue.

Then the delegation met Union Law Minister Jugal Oram on 28 June and Union Minister of State for DONER and Prime Minister's Office, Jitendra Singh, on 29 June, who also gave a positive assurance to work on the issue.

The delegation had a fruitful discussion in the National Commission for Scheduled Tribes on 02 July and then met the Secretary and Joint Secretary of Union Home Ministry, who informed that the Ministry has been working tirelessly on the issue.

The delegation also called on the President of India on 04 July on this issue.

The delegation also met the National Chairman of All India Confederation of SC and ST Organisation, Dr Udit Raj,

on 05 July and the tour ended with a meeting with the Union Cabinet Secretary, Pradeep Kumar Sinha, the same evening, who also assured to take positive action on the issue.

Mr Subba informed that the delegation also submitted a memorandum at the offices of the Prime Minister, Union Minister of State for Home Affairs, Kiren Rijiju, Union Finance Minister, Arun Jaitley and BJP national president, Amit Shah, even though they did not meet them in person.

He, however, mentioned that some "irresponsible political parties and organizations" have been raking up this issue for selfish political gains.

He added that the State government has

been working consistently and tirelessly, but some vested interests have been trying to divert the issue to another direction.

"During our recent Delhi visit, we learned that the Centre has received 67 memorandums on this issue from different political and apolitical organisations so far, which has also caused delay in resolving this issue as it has created confusion in the concerned ministries," Mr Subba claimed.

He added that the memorandums in question have created confusion as they did not have "scientific, reasonable or democratic formula" for the proposed seat reservation.

He mentioned that the Centre has been working on the scientific formula sent by the SDF

government for early reservation of seats for Limboos and Tamangs.

Mr Subba mentioned that opposition parties and organisation like LTVC have been trying to mislead the people with irresponsible statements and activities.

He underlined that as Assembly seat reservation was a Central subject so creating noise in the State will not work. He urged them not to mislead people or divert the issue.

SILTAC advisor, Kalawati Subba also expressed confidence that the reserved seats will happen very soon. She urged the Limboo and Tamang communities to remain united and support the recommendation of the SDF government to get their political rights at the earliest.

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Gangtok on Monday, 16 July

Temp: 25°C/18°C
Forecast: Mostly cloudy, a thunder-shower.
Sunrise: 04:49 AM
Sunset: 6:33 PM

Monsoon Session: Oppn leaders to meet tomorrow to plan joint strategy

NEW DELHI, JUL 15 (PTI): Opposition parties will meet tomorrow to formulate a joint strategy to corner the government on various issues during the Monsoon Session of Parliament starting July 18.

Topmost on the agenda will be to finalise a joint candidate for the Rajya Sabha deputy chairman's post which fell vacant after the end of the term of P J Kurien from the Congress on July 1.

Leaders from the Congress and various other parties will meet tomorrow evening in the office of the Leader of the Opposition Ghulam Nabi Azad in Parliament House.

"Opposition leaders will meet tomorrow to decide on issues which will be taken up in the Monsoon Session. They will plan a strategy to seek answers from the government on issues related to increasing bank frauds, women safety and threats to national security," deputy leader of the Congress in the Rajya Sabha Anand Sharma said.

Sources said that the Congress may agree to a candidate from other opposition parties for the post of the deputy chairman. Among the names doing the rounds for the post include Trinamool Congress leader Sukhendu Sekhar Roy.

The sources also indicated that the post may go to the NCP. The names of the candidates have not been formally discussed and it will be the first time that the issue will be taken up during the meeting tomorrow.

The opposition candidate is likely to be decided by consensus after discussions among leaders from various parties, they said.

The sources, however, said that the ruling NDA is keen on fielding its candidate and is seeking the support of some parties like the BJD and the AIADMK.

Singtam Hospital docs hold special camp at Old Age Home

SUMMIT REPORT
GANGTOK, 15 JUL:

Dadematic Society of Singtam District Hospital) conducted a special health camp at Ishwaramba Samithi Sanga Old Age Home at Jalipool on 14 July.

Specialists comprising of Dr Mayel P Lepcha (Eye Surgeon), Dr Rigzing Lepcha and Dr Tshering Gurung (Dental Surgeons), Dr Birendra Chettri (Physiotherapy), Dr Chultin Lepcha (Chest Medicine), MMU unit & Pharmacist provided comprehensive health check up for the senior citizens residing at the old age home, a press communiqué received from Dr Satish Rasaily, president, DASSH, informs.

Dr Mayel Lepcha highlighted that DASSH was an academic body established by doctors of Singtam District Hospital to promote continued medical education to develop capacity/ skills of doctors on recent medical advances for evidence-based treatment.

Dr Rigzing Lepcha, who is also the DASSH general secretary, further informs that DASSH has also been conducting regular health camps at Old Age Homes and Children's Homes as part of the organisation's endeavours to provide health services to special population groups.

DASSH, it is informed, is planning to adopt the Jalipool old age homes for regular health check-ups on quarterly basis. DASSH generates resources for its activities through individual contribution from doctors.

She also highlighted that DASSH is also involved in conducting sports and marathons based on health related themes.

Recently in June, DASSH organized a Table Tennis championship themed on mental health issues.

"We are planning to organize a marathon also this year. The theme will be Run for TB free State to generate awareness on eliminating TB from the State," she said.



Data breach scandal: Govt refuses to share Facebook's response citing confidentiality

NEW DELHI, JUL 15

(PTI): The Indian government has refused to share copies of responses received from the US-based social media giant Facebook over global data breach scandal involving London-based data mining firm Cambridge Analytica, saying the information was shared by the companies in confidence.

The responses received cannot be shared since the companies have shared (it) in confidence. They have requested to treat the information contained in their letter as confidential and has furnished (it) only for use of authority, the Ministry of Electronics and Information Technology said in reply to an RTI query filed by this PTI correspondent.

It was asked to provide copy of replies received from Facebook and Cambridge Analytica on the notices sent by the ministry.

Facebook had in April admitted that nearly 5.62 lakh people in India were "potentially affected" by its global data breach involving Cambridge Analytica, and asserted that the UK-based firm's use of such data did not have its consent.

In response to the Indian government on the scandal, Facebook had informed that "only 335 people" in India were directly affected through the in-



stallation of an application and another 5.62,120 people were "potentially affected" as friends of those users.

Facebook has over 20 crore users in India.

Facebook had said that the data of about 87 million people -- mostly in the US -- might have been improperly shared with Cambridge Analytica.

After the data breach came to light, the ministry had in March and April this year shot off communications to Facebook and Cambridge Analytica seeking clarification on the issue from them.

The ministry's move came after Christopher Wylie, who blew the lid off the scam involving mining of Facebook user data to manipulate elections, tweeted details that claim to expose the British consultancy's work in In-

dia dating back to 2003.

Wylie claimed that SCL India (formerly Strategic Communication Laboratories, the parent company of Cambridge Analytica) was asked to provide electoral research and strategy for the 2010 Bihar elections for the Janata Dal (United). The JD(U) has rejected this claim.

Asked to share details of action being taken by the Indian government to check recurrence of such incidents, the ministry said it has set up an expert committee to draft a data protection framework for India.

This is an ongoing effort. Further, government has set up an expert committee to draft a data protection framework for India and the report is expected soon, it said in reply to the RTI application.

In its letter sent to Facebook

CEO Mark Zuckerberg in March, the ministry said India has clear constitutional and legal frameworks designed to secure the integrity and sanctity of the Indian electoral process, including guidelines regarding campaigning, exit polls, etc.

Therefore, in such cases of data breaches at the international level, it is incumbent on the government of India to determine the scope and extent of the impact on Indian citizens and/or the Indian electoral process, it said, seeking the company's response on seven questions.

The Indian government, in its letter to Cambridge Analytica sent in April this year, cited Facebook's response over the issue.

Cambridge Analytica's acquisition of Facebook data through the application developed by Dr Aleksandr Kogan and his company Global Science Research Limited (GSR) happened without our authorisation and was an explicit violation of our platform policies, reads the Facebook response quoted in the missive.

Quoting Facebook, it also said at no time did Facebook agree to Cambridge Analytica's use of any Facebook user data that may have been collected by this app, including with respect to users located in India.

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Sexual harassment at work remains perennial issue for women: NCW

NEW DELHI, JUL 15 (PTI): Sexual harassment at work place remains a perennial issue for women, especially in the entertainment industry, where many do not report the harassment they face, the National Commission for Women has said.

Rekha Sharma, the NCW chairperson, noted that sexual harassment in the entertainment industry has come to focus since the #MeToo campaign in Hollywood.

"Definitely one cannot shy away from the fact that the entertainment industry is a male-dominated industry, which is always a big risk factor for harassment," she said at a seminar on Sexual Harassment at Workplace' at the Film & Television Institute of India in Pune.

"Sexual harassment at work remains a perennial issue for women. Combating this climate, however, is a herculean task, especially considering how many women in the industry do not report harassment they face," she said in a statement.

As part of a panel discussion, Malayalam actor Ranjni Sasha, representing the Women in Cinema Collective (WCC) and women professionals of the South Indian film fraternity, emphasised the need to establish Internal Complaints Committees (ICC) in the film industry, the statement said.

The seminar had over 250 participants, including students of law colleges, various stakeholders, representatives of production houses like the Dharma Productions, Yash Raj Films, Balaji Films, Mukta Arts, Pritish Nandy Communications, Viacom 18, it said.

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Man lynched in K'taka on suspicion of being child-lifter

BENGALURU, JUL 15 (PTI): In another incident of lynching, a man was beaten to death, while three others were injured after a mob attacked them suspecting them to be child-lifters, near Bidar, police said today.

The incident occurred on Friday and the deceased has been identified as Mohammad Azam Usmansab (28) from Hyderabad, they said.

According to officials, about 30 persons have been arrested in this connection, including an administrator (admin) of a WhatsApp group that spread

rumours about child-lifting gangs and galvanised the mob, besides the person who shot the pictures of the attack and circulated it.

Usmansab, along with his three friends, had come to visit their friend Mohammed Bashir Afroz at Handikera village in Bidar.

While on their way back to Hyderabad they stopped near a hamlet, probably with an intention to take pictures. On noticing some children, they offered some chocolates to them, police said.

Locals mistook them for child-lifters and started attacking them. By then their pictures got circulated on a WhatsApp group, resulting in more people gathering, they said.

Also, the car that the group was travelling in was without a number plate, fuelling their suspicion.

Though they managed to escape from the spot, they were caught near Murki village, as the mob had alerted their acquaintances there. The group was beaten with stones and sticks, police said.

Though police reached the spot on receiving information, they were outnumbered, and a couple of police constables were reportedly injured in the melee.

Police managed to bring the situation under control and shifted them to a hospital, but Usmansab died on the way, they said.

The others have been shifted to a hospital in Hyderabad, police said.

Police personnel are maintaining strict vigil in the area.

There has been a string of

attacks and lynching incidents in the country fuelled by rumours on child-lifting gangs, prompting the government to ask social media operators such as WhatsApp to clamp down on spread of such messages.

On July 12 at Madurai in Tamil Nadu, a young woman was thrashed by locals on suspicion of being a child-lifter before police rescued her.

Five people were recently killed in North Maharashtra's Dhule district over child-lifting rumours on social media.



ARGHU

The **Arghu (Anthyesthi Kriya)** of **Late Man Bahadur Gurung, World War II veteran** who left for heavenly abode on 27th June 2018 falls on **17th July 2018 [Tuesday]**. All relatives, family, friends and well wishers are requested to join us in offering prayers for the departed soul at our residence at **Forest Colony Road, Baluwakhani, Gangtok**. We also express our gratitude to all those who stood by us during our time of bereavement.

R.K Gurung (Retd. Secy.) Son: 9434409231
Beena Gurung / Rita Gurung (Daughters in law) 9434117702/ 7063305164
Rabina (Grand daughter), H.N Pradhan (Grandson in law)
Sudeep, Sandeep, Aditya, Abhishek, Anurag (Grandsons)

SummitTIMES

Crime Needs Punishment; Victims Need Therapy

Especially when one is referring to children who have suffered sexual abuse

When the Protection of Children from Sexual Offences Act was still new, and because such crimes were now being registered under POCSO Act, it gave the impression that children were suddenly being preyed upon more by sexual predators. That was probably not the case, because molestation and sexual abuse of children is not a new phenomenon; it has only now been recognized as a separate one. But what the surge in such reports triggered was public outcry over the incidents because the ugliness had been unveiled. Official condemnations and public statements of over-watch seeking that watertight cases be prepared to ensure that the guilty were brought to book became common. Such initiative was new for the State in not only that condemnations of such “heinous crimes” were registered, but also because public stands, an involvement sorely missed in Sikkim thus far, were taken. The involvement one speaks of here is not just at the official level, but also at a social and non-governmental level. These, as mentioned, were not the first time that children had fallen victim to the sexual depravity of predators, but were definitely the first instances of Commissions instituted to look out for the protection of child rights joining issue and people taking notice. Before one scoffs at this as superficial concern, one needs to accept that such crimes need to be condemned publicly for their abomination to be driven home and sustain the pressure on investigation agencies to draft a chargesheet which leaves no loopholes for the accused to escape on technicalities. Unfortunately, in the years that have passed since POCSO Act came into being, one has seen predators walk away free.

That said, public condemnations are still necessary to keep the memory of the crime alive and in doing so facilitate a more complete healing for the victim. This last aspect is probably of the most importance for Sikkim because victims of sexual abuse cannot heal with punishment for the perpetrators; to heal, the victims need therapy, something which remains largely ignored not just in Sikkim, but in India itself. When one reads police case details on sexual abuse, it invariably mentions that the victim was sent for medical examination. This is a physical examination to establish rape, but the victims are also emotionally scarred and need psychological counselling.

The cops know how to nab criminals and process their crimes, handling victims is not a nicety included in their skill-sets; that, is for the society to deliver. Unfortunately, it is bad enough for a population so small to allow such young members to become victims, but what is worse is that there is still no established process by which the healing can be assisted. Public engagements by way of condemnations following such incidents should thus be seen as the first step which need to be followed up with the involvement of concerned agencies to formalise how such young victims can be helped to heal. This is important because at present, the healing focuses only on physical treatment, with the families and society at large preferring to ignore the incident. Children have the ability to suppress such trauma, but that only hides their hurt from others and is known to manifest in ways which last much longer than the time that the perpetrators might spend behind bars. They need therapy and counselling to overcome the trauma and to deny them this is to continue making victims of them. Such a process is ideally codified as an official requirement, but to begin one does not need gazette notifications or Acts, a collaborative effort between social organisations and psychiatrists should suffice for a start. The best therapy would ideally come from survivors of such abuse who can be sent for some professional training to help others heal and also help build the defences to protect the young.

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Trump's claim that Europe is 'losing its culture' is racism – and it must be challenged

CHRIS ALLEN
theconversation.com

According to Donald Trump, Britain and Europe is “losing its culture” as a result of immigration. In an interview with The Sun newspaper, given in Brussels shortly before travelling to London, Trump explained how migrants from the Middle East and Africa are permanently changing Europe for the worse.

Speaking about the pain it causes him, given that both his mother and father were European, he added:

“I think what has happened to Europe is a shame. Allowing the immigration to take place in Europe is a shame. I think it changed the fabric of Europe and, unless you act very quickly, it's never going to be what it was and I don't mean that in a positive way ... I think you are losing your culture. Look around.”

On one level, it may not be that surprising that someone who has made immigration a cornerstone of their political rhetoric and campaigning in the US, has made such comments. But it must be challenged nonetheless. When world leaders adopt cultural racism in this way, they legitimise right-wing extremism.

Trump's comments chime with the discourse of the far right in Europe over the past few decades. Key to this is the notion that the West is being “invaded”. Starting with mass migration following World War II, champions of this rhetoric suggest that immigration to Europe has been far more insidious than humanitarian.

And when it comes to the recent influx of migrants fleeing civil war in Syria, the argument goes further. Now these arrivals seek to “take over” the nation states that are seen to have generously afforded them shelter. Focusing on the fact that recent migrants have been Muslim, far-right rhetoric goes on to suggest that take-over is equivalent to Islamification. It destroys “our” culture, values and way of life and therefore, all that “we” hold dear. Resisting immigration, therefore, is held up as the only way to protect Europe.



Far-right group Britain First, for instance, has routinely cited the perceived need to defend Britain from Muslims and Islam. It even refers to itself as “the frontline resistance” to the Islamification of Britain. This is the same group that enjoyed a major moment in the spotlight when Trump retweeted some of its videos late last year.

Potentially conferring credibility on the movement and its abhorrent Islamophobic ideology, it's likely that Britain First and its supporters will seek to capitalise on Trump's most recent comments. His views are also likely to bolster those from within the British far-right who have recently used socially acceptable issues – such as the debate over free speech – as a means by which to promote their more divisive ideologies.

Following Twitter's decision to permanently ban Tommy Robinson, the former leader of the English Defence League, as well as two of Britain First's leaders, Jayda Fransen and Paul Goulding, supporters have come together to protect and defend free speech, presenting it as a central element of “our” way of life. They see free speech as a loophole exploited with impunity, especially by Muslims, and argue that “no platforming” people who seek to spread their ide-

ology is a form of censorship. That doesn't extend to protecting freedom of speech for radical Muslim clerics, of course.

CULTURAL RACISM

Like the far right, Trump's comments are a form of what might be best referred to as “new” or “cultural” racism, a notion that first emerged in the early 1980s. At the time, early race relations legislation in the UK had begun to criminalise and curtail more overt expressions of racism. As a result, there was a marked shift in how many begun to refer to and subsequently employ discourses about minority groups.

Instead of using historically established markers based on skin colour, cultural markers of difference were increasingly deployed to demarcate “them” from “us”. A good example of this was when former Conservative MP Norman Tebbit put forward his “cricket test” to identify which migrants could be seen to be loyal to the UK and thereby a part of who “we” are. Likewise the Conservative MP Michael Fallon who suggested British towns and cities were “under siege” from migrant workers and people “claiming benefits”. Both are clearly premised on the basis that “they” can not only be differentiated from “us”, but that it is easy to do so.

This tactic enables political actors to navigate new landscapes of diversity and legislation, all the while affirming that “they” are indeed different to “us”. Migrants are, as a result, seen as even more threatening. Not only do they look different, they threaten a way of life. When deployed by political actors, the rhetoric of “losing culture” is far more toxic than what came before. It deliberately hides a bigoted and discriminatory message behind a veneer of respectability and seeming common sense.

In the wake of the Brexit referendum, when levels of hate crime have reached new highs in Britain and when the far right feels increasingly emboldened, Trump's comments – more importantly the message underlying them – are extremely problematic. Given that supporters of Robinson and other from the far right are marching in support of Trump's visit to the UK, further strengthening or conferring credibility onto them is something that has to be challenged. Where that might come from within the British political establishment is currently sadly unclear.

[the writer is Associate Professor in Hate Studies, University of Leicester]

Rethinking the penalties for rape

LUCIA LORENZI
theconversation.com

The past few years have seen intense bouts of media coverage of high profile sexual assault and harassment cases. However, the #MeToo movement has achieved the kind of momentum and longevity that has rarely been seen.

In addition to survivors telling their stories, there are discussions and debates that are often extremely heated. Two big questions seem to come up time and again. What exactly does sexual assault and harassment look like? What are the appropriate punishments for acts of sexual violence and who gets to decide what they will be?

GERMAINE GREER WEIGHS IN

Recently, feminist writer and scholar Germaine Greer weighed in on how we should deal with sexual assault. In a speech at the Hay Festival, an annual literary festival in Wales, Greer argued that rape is not a “spectacularly violent crime.” She said that most rapes are just “lazy, careless and insensitive” incidents of “bad sex.” Greer's full argument on rape will be published in a new book, coming out in Australia in September.

Greer, who is a survivor of a violent rape, argued that the statistics on post traumatic stress disorder (PTSD) and sexual violence are likely grossly inflated. In her view, society seems to condition women to believe that sexual assault is capable of destroying their lives.

Greer advocated for punishments for rape to be reduced. She suggested that sentencing might include 200 hours of community service, or a large tattoo of the letter R (for rapist) on the offender's hand, arm or cheek.

Understanding, Greer's comments provoked a swift backlash.

Laura Bates, a former actor who founded the #EverydaySexism project in 2012, argued that further diminishing the severity of rape is dangerous at a moment when the impact of sexual violence is finally being discussed. She said we should not abandon trying rape cases simply because they are difficult to prosecute.

PTSD AND TRAUMA FROM RAPE

Greer's commentary is dangerous because it denies the evidence regarding PTSD related to sexual violence. A 2017 study published in the European



Journal of Psychotraumatology examined data from the World Health Organization's World Mental Health Surveys.

It showed that interpersonal trauma was linked to the highest risk of developing PTSD. Those who experienced traumatic experiences within the broad category of intimate partner sexual violence accounted for the highest population burden of PTSD.

PTSD is a clinical diagnosis of trauma, and not the only way that we measure how survivors are impacted by assault. Unfortunately, our cultural understanding of trauma often aligns with the strict diagnostic criteria of PTSD. There are certain key features of the clinical diagnosis that we might popularly associate with “real” trauma: trouble remembering details, hypervigilance, an avoidance of triggers.

However, as researchers point out in a 2018 review of the diagnostic criteria of PTSD, “exposure to trauma is not tantamount to a diagnosis of PTSD, as most trauma exposures do not result in PTSD.” The absence of PTSD after a rape, however, is not the absence of trauma. It does not mean that an individual's life might not be profoundly impacted by an experience of sexual violence.

When Greer doubts that rape can destroy someone's life, she denies others' experiences rather than providing a helpful observation that rape doesn't affect everyone in the same way. She fails to address that trauma and PTSD are not the same thing, and shows we desperately need a robust understanding of trauma and how it encompasses a wide variety of experiences.

A LONG HISTORY OF RESTORATIVE JUSTICE

Because she claims to have had minimal trauma from her own rape — and that most rapes are the result of inconsiderateness rather than violence — Greer infers that punishments need not be so

severe. What Greer seems to forget is that feminist activists and legal scholars alike have long been rethinking how to best address sexual violence.

Racialized activists, such as those with INCITE!, a network of feminists working to end violence against women, gender non-conforming and trans people of colour, have long histories of seeking alternative solutions to the criminal justice system, particularly because of how people of colour are disproportionately impacted by incarceration.

Criminal justice provides

a blanket solution: Jail time. The primary variable one has to consider is how much time is to be served: none, a lot or something in between.

If we are to consider other solutions, including those found in restorative justice programs, then it is possible that 200 hours of community service could be an appropriate punishment for a particular incident of sexual assault. Indigenous communities especially have been at the forefront of this work, as can be seen in initiatives such as the Vancouver Aboriginal Transformative Justice Service Program.

BETTER CONVERSATIONS NEEDED

It will take time for us to respond differently to violence. It takes a willingness to recognize that sexual assault has a wide range of impacts on victims, and that it is impossible to universalise the experience. As professor Anita Hill told Daphne Branham of the Vancouver Sun, “It is a long time coming and not going to happen overnight... But we are at a moment where there is resolve on the part of many people. If ever it could be possible, now is that time.”

We often make broad statements or claims about sexual violence to be strategic; to raise awareness, to show solidarity or to demonstrate the scope of the problem. #MeToo owes a great deal of its success to its wide reach and broad scope. It is also easy for individual personal experience, like Greer's to become the basis of larger claims to truth, especially at the expense of others.

Greer's comments have added troubling fuel to the fire of debate. Hopefully, they can also reignite more productive, respectful and evidence-based conversations about the complexities of violence.

[the writer is SSHRC Postdoctoral Fellow in English and Cultural Studies, McMaster University]

India signs revised travel agreement with Bangladesh

DHAKA, JUL 15 (PTI): India today signed a revised travel agreement with Bangladesh to ease visa restrictions for citizens from the neighbouring country.

The agreement was signed between the two countries in Dhaka in presence of visiting Home Minister Rajnath Singh and his counterpart Asaduzzaman Khan.

Singh is here on a three-day visit.

Under the Revised Travel Arrangement (RTA)-2018, freedom fighters and elderly Bangladeshi nationals will get five year multiple visa from India, Daily Star reported.

Singh and Khan also held the 6th Home Minister Level Talks between India and Bangladesh.

Singh offered prayers at Dhakeshwari Temple here.

He also visited Bangabandhu Museum where paid tributes to the father of the Nation of Bangladesh Sheikh Mujibur Rahman.

"Deeply moved to see the site where he and his family members were martyred. His contribution to Bangladesh and South Asia will always be remembered," Singh tweeted.

Plan for tea auction centre in Tripura



AGARTALA, JULY 15 (PTI): In an effort to boost the century-old tea industry in the state, the Tripura Tea Development Corporation (TTDC) is contemplating setting up its own auction centre at Dharmanagar, a senior TTDC official said.

Dharmanagar in North Tripura district borders southern Assam which also grows tea and their produce could be auctioned at the proposed centre, TTDC chairperson Santosh Saha said adding that auctioning of tea grown in Sylhet division of Bangladesh in the centre could also be explored.

"The tea industry is Tripuras only surviving industry and if we open the auction centre it will reduce the dependence on auction centers of Guwahati and Kolkata," he told PTI.

"We'll create a brand for Tripura tea, which will compete with Assam tea and other brands of the country and also try to turn the TTDC into a profit making public sector undertaking", Saha, who assumed charge on July 4, said.

The north eastern state currently produces over 3.58 crore kg green tea leaf annually, most of which are sent to Assam and Bengal for auction.

He said around 50,000 people were

directly or indirectly dependent on the tea industry in Tripura, but their socio-economic status was very poor and TTDC would work to improve their condition.

The state has a total 58 tea gardens - 42 individually owned, 13 run by co-operative societies and three run by the TTDC.

The three tea gardens run by the TTDC are at Kamalasagar and Brahmakunda in West Tripura and one at Maachmara in North Tripura district, officials said.

These apart, there are nearly 3,000 small tea growers in the state, they said. Tea production began in Tripura at the Hiracherra tea estate in present day Unakoti district in 1916. As per latest reports, 6,885 hectares of land is under tea cultivation in the state, the officials said.

Assistant Director (Tea Development) of Tea Board of India Diganta Barman had recently said efforts were on to make the Tripura tea industry a profit-making one.

"Work is on for a logo and brand-positioning of Tripura tea. We are also planning to develop tea tourism. We are trying to find a good theme", he said.



Manipur University impasse: Agitators refuse to cooperate with MHRD probe panel

IMPHAL, JUL 15 (PTI): Two days after the Centre formed a committee to look into the charges levelled against Manipur University Vice Chancellor

Aadya Prasad Pandey, the agitators at the institute have refused to cooperate with the panel, terming the move as "a ploy to undermine democratic movement".

The academic activities at the central university has been under suspension for the past 45 days as the students and the teachers are agitating here for the removal of the vice chancellor (VC) over his alleged failure to appoint members in important posts, and administrative negligence.

The HRD ministry instituted a fact-finding committee on July 12, with University Grant Commis-

sion (UGC) joint secretary J K Tripathy as the head, to inquire into the allegations against Pandey.

The panel is supposed to submit its report one month from the date of the issuance of the order.

Around 4.30 pm yesterday, the students and other staff members burned effigies of Tripathy, Union Minister Prakash Javedkar, and Deputy Secretary (central university division), HRD ministry, Surat Singh, at the main entrance gate of the University as a mark of protest.

"We are deeply anguished and disheartened by the nature of the committee," said a functionary of Manipur University Students' Union (MUSU).

"The constitution of

this committee is a ploy to undermine our democratic movement, an appeasement attempt to divert attention from the true nature of the demand," he said.

In a joint statement issued last night, the MUSU, Manipur University Teachers' Union and a staff association resolved to intensify the agitation, if an independent probe committee, headed by a retired judge of a High Court, is not formed at the earliest.

"It is an insincere attempt by the MHRD the committee would not be given any cooperation," the statement said.

The associations also pointed fingers at the registrar in-charge of the university, Shyamkesho, who, they believe, is a "suspect in the administrative and

financial bungling".

"Any official involved with Pandey in the complicity for financial and administrative mismanagement should not be assisting the MHRD panel in any way," it said.

Earlier, on Thursday, Chief Minister N Biren Singh said at a press meet that Pandey had received an extortion letter, demanding Rs 5 crore by an "underground group".

The CM also said that the vice chancellor of the central university has told the Union government that the extortion letter and the ongoing agitation were "related".

The VC's claim was strongly rebutted by the protesters, who said it was as an attempt to brand the students and teachers as "anti-national extortionists".

Lynching incidents: Police to devise ways to deal with rumour-mongering

DNYANESH CHAVAN

MUMBAI, JUL 15 (PTI): Concerned over a string of lynching incidents in Maharashtra, the police have decided to launch a campaign to check the spread of rumours on social media and come up with new ways to deal with the menace.

The move comes days after five people were killed in North Maharashtra's Dhule district over child-lifting rumours on social media.

As part of the campaign, the police will devise models to focus on sensitising people about fake videos, messages and posts whose authenticity is in doubt and can cause social unrest, Maharashtra's Director General of Police Datta Padsalgikar told PTI in an interview.

WhatsApp, the popular instant messaging service, was also cooperating with the government in checking the rumour menace, Padsalgikar said.

Mob violence and lynching triggered by rumours have claimed 10 lives in 14 incidents in Maharashtra in the past one-and-a-half months.

On July 1, five people were lynched by a mob in Dhule on the suspicion of being child-lifters, sending shock waves through the state.

To curb such incidents, the unit commanders of the two-lakh strong state police force will be empowered to create models of their own to fight rumour-mongering, said Padsalgikar, who re-



cently took charge as the DGP.

The best model devised by a district or a city will be replicated across the state, Padsalgikar said, adding that the police were keen on having some unique and effective solutions to fight the rumour menace.

"The idea is to tell people to avoid forwarding videos and posts which can disturb peace and harmony in any way," he said.

Instructions have been issued to Superintendents of Police (SPs) and police commissioners about this, he added.

Besides, as part of the recommended guidelines, posters were being distributed across villages and SPs were asked to hold community meetings, he said.

"We are also taking help from social media to send across a message to the public about what to share and what not to share on

apps. Some online groups and forums are also helping us in this," the DGP said.

"WhatsApp is also lending a helping hand in sensitising people. All these measures are being taken at the government-level," he said.

Padsalgikar also appealed to people to come forward and report to the police any post which, they feel, could pose a problem in society, instead of forwarding it without verification.

Enquiries have been initiated about some videos which have already come to the police's notice, he said, adding that a majority of such clippings have been found to be "manipulated".

"These kind of forwards can create serious problems. Stern action will be taken against those who are found forwarding such posts," he said.

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Hima ends campaign after anchoring relay team to junior national record

TAMPERE (FINLAND), JUL 14 (PTI): Newly-crowned world U-20 quartermile event champion Hima Das today ended her campaign after anchoring the Indian women's 4x400m relay quartet to a junior national record, though the quartet failed to qualify for the final round here.

The Indian women's 4x400m relay team comprising S Venkatsen, Jisna Mathew, Ritika and Hima clocked 3 minute 39.10 seconds to finish fourth in heat number two, thus failing to qualify for the final round.

The first two in each of the three heats and the next two fastest teams qualify for the finals.

Despite failing to qualify for the finals, the Indian quartet bettered the earlier national U-20 record of 3:40.50 set in 2002 in Bangkok.

Sahil Silwal missed out on a bronze after finishing fourth in men's javelin throw. He came up with a best throw of 72.83m in his last attempt. The bronze winner -- Tzuriet Pedigo of USA -- cleared 73.27.

In other events, Priyadarshini Suresh crashed out of the women's triple jump event with a below par 12.50m effort to finish 10th in the Group A qualification round.

The 31 member Indian team ended its campaign with one gold medal won by Hima in women's 400m race.



The 4x400m relay race was the last event for Hima, who had clinched the women's 400m gold on July 12 to become the only Indian to win a yellow metal in a track event in a world level competition.

Besides 400m, Hima has also qualified for the 200m race in the upcoming Asian Games after winning gold in the National Inter State Championships in Guwahati last month, but she is

not running for this event here.

She will return to her training base near the Czech Republic capital, Prague, to continue her preparations for the Asian Games where she will hope to stand on the podium in the 400m event.

But the 18-year-old athlete from Nagaon district in Assam, known as 'Dhing Express', will have a world class opponent in Bahrain's Salwa Eid Naser, who is the Asian season leader and

has run four times below the 50 second mark last month.

Hima is in the second spot behind Naser with her personal best of 51.13 she ran in Guwahati last month.

In the 200m event, Hima is at number four among season leaders in Asia after her 23.10 effort in Guwahati. Viktoriya Zhabkina of Kazakhstan is the Asian season leader with 22.73 in this event.

Epic Djokovic stuns Nadal to each Wimbledon final

LONDON, JUL 14 (AFP): Novak Djokovic reached his fifth Wimbledon final on Saturday with a 6-4, 3-6, 7-6 (11/9), 3-6, 10-8 victory over Rafael Nadal in the second longest semi-final ever played at the tournament.

Djokovic, the 2011, 2014 and 2015 champion, will face Kevin Anderson, the first South African in the final in 97 years, for the title after a 5-hour 15-minute marathon.

Victory on Sunday for the 31-year-old Serb would take his career Slam tally to 13, four behind Nadal but still seven back from Roger Federer.

It was a second day of epic drama at the All England Club after Anderson had needed 6 hours and 36 minutes to beat John Isner on Friday.

That set the record for the longest semi-final at the tournament and became the second longest Grand Slam singles match ever played.

It also meant that Djokovic and Nadal had been unable to finish their 52nd career clash on Friday night.

The Saturday drama delayed the start of the women's final between Serena Williams and Angelique Kerber.

"It's hard to pick the words. I'm just going through things, flashbacks



to the last 15 months, everything I've been through to get here," said world number 21 Djokovic, the lowest ranked finalist in 15 years.

"To win against the best player in the world, in one of the longest matches I ever played, I'm just overwhelmed.

"It's very special. It really could have gone either way. It was clear very few things separated us," Djokovic finished with 23 aces and 73 winners and triumphed despite only converting four of 19 break points.

"Until the last shot I didn't know if I would win. These are matches you live for and work for," he added.

- FRIDAY CURFEW - Former world number one Djokovic will take a 5-1 career lead over eight-seed Anderson into the final.

The South African won his only match against the Serb in 2008

while Djokovic has beaten him twice at Wimbledon.

"Hopefully we can first of all play!" an exhausted Djokovic said of his fellow marathon man.

Anderson, who knocked out Federer in the quarter-finals, has been on court for 21 hours at the tournament.

"He had a day off which means a lot. I wish I could have one, but it is what it is," Djokovic said.

"I'm in the final of Wimbledon. That's an incredible achievement." Djokovic had been in control on Friday, leading two sets to one when the match was halted due the 11pm (2200GMT) curfew.

Play in their 52nd career meeting resumed under the roof on Saturday despite bright blue skies and temperatures pushing 30 degrees.

Djokovic, the 12th seed, could not convert two break points in a 15-minute opening game of the fourth set.

13 Indian boxers enter finals of Serbian youth tourney



NEW DELHI, JUL 15 (PTI): Indian boxers continued to be on a roll at the 36th Golden Glove of Vojvodina youth tournament with 13 of them, including six women, advancing to the final in Subotica, Serbia.

The women who made the final included reigning youth world champion Jyoti Gulia (51kg), who out-punched Russian Liubov Makeeva 5-0 in her semifinal bout last night.

Among the men, Akash Kumar (56kg), Ankit (60kg), Akash (64kg), Vijaydeep (69kg), and Nitin Kumar (75kg) entered the final.

Akash Kumar defeated Scotland's John Casey 5-0 and Ankit also had little trouble going past Hungary's Alex Jakab.

In the 64kg category, the other Akash blanked Poland's Daniel Piotrowski 5-0. Vijaydeep too pulled off a unanimous verdict in his clash against local favourite Milan Vranovic.

In the middleweight division, Nitin sent

packing another crowd favourite in Filip Dzinic with a 5-0 win. S Barun Singh (49kg) and Aman (+91kg) had made their way to the finals by clinching their respective bouts prior to yesterday.

Among the women, Nitu (48kg) took less than two rounds to force Russian Senia Beschastnova out of the competition.

Divya Pawar (54kg) clinched a similar result against another Russian, Mariia Med, while Manisha (64kg) faced a slight challenge Diana Rys, also from Russia, before prevailing 4-1.

Lalita (69kg) defeated Poland's Patrycja Borys 4-1. Neha Yadav (+81kg) got a direct entry into the final due to the small size of the draw in her weight category.

Settling for bronze medals were Saskhi (51kg), Sakshi Gaidhani (81kg) and Bhavesh Kittamani (52kg) after losing their respective semifinals bouts.

Citizens' 'emotional connect' helps river get new life



Nagpur, Jul 15 (PTI): A citizens' initiative to clean a river in Maharashtra's Akola district has set an example of how an 'emotional connect' can help in the revival of water bodies reeling under pollution.

The result: Akola's Morna river, which was a filthy sight of weeds and other waste till sometime back, is now clean and brimming with water following monsoon rains, the district collector said.

The 173-km-long Morna river, a major tributary of Purna river (tributary of Tapi), is the main water source for Akola district, located around 240 km from here.

"Around eight km of Morna river passes through Akola city and it was covered with weeds, plastic and solid waste garbage. There are 32 nullahs (drains) through which the city's liquid waste is drained into the river," Akola's collector Asit Kumar Pandey told PTI.

The cleaning of the river was taken up every Saturday from January 13 this year for three months. Print and video advertisements of the campaign were put up on social media and other agencies, he said.

The Akola Municipal Corporation provided the basic facilities and equipment for cleaning the river.

Pandey recalled that around 8,000 people had gathered at the river on January 13 and three km of its stretch was cleaned that day itself.

"The participation of citizens

was motivating for others who joined in later," he said, adding that around 40,000 people lent a helping hand to the initiative.

Prime Minister Narendra Modi had taken note of the campaign in his 'Mann ki Baat' address, said Pandey, who is the collector of Akola since April last year.

He informed that the people's movement had also made it to the Golden Book of World Records, an international book of records, for largest public participation in river cleaning and the largest women-driven initiative.

Terming the experience as a "miracle", Pandey said, "A river which was almost forgotten is now the most talked-about in the area."

He described it as a "CPG" model - representing the co-ordination between citizens, private donors and the government.

Explaining the concept, he said the idea has to be convincing and a lot of brain-storming has to be done for it, as without citizens' cooperation nothing can be achieved.

"The aim of the campaign was to give the river's ownership to citizens so that there is an emotional connect with the river. The citizens will come forward to take the ownership if they are convinced of the idea," he said.

He said private donors, like businessmen and industrialists, then pitch-in with financial support

to people's projects.

"Lastly, the government comes into picture to support the programme," said Pandey, who had earlier served as chief executive officer of Jalgaon Zilla Parishad.

The key point of the Akola model of river rejuvenation is the "honesty, commitment of the local administration towards the idea and credibility in the public eye".

He said in another initiative, the 23-km-long Kamal Ganga river in the district was also rejuvenated by digging and widening works, as part of the National Highways Authority of India (NHAI) project.

For highway projects, minor minerals are required and NHAI contractors have to pay royalty to the state government.

A Government Resolution was issued in November last year saying that if NHAI contractors create water storage along their road construction projects, they will not be required to pay royalty for the minor minerals.

Pandey said contractors were persuaded to take up widening and deepening of 10-km stretch of the Kamal Ganga river in Murtizapur taluka where it had almost disappeared.

The soil removed from the water body was put on both sides of the river bed. Due to this, the effective depth of the river is now 25 to 30 feet, said the 2011 batch IAS officer.

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After no end of drama, Trump, Putin take to summit stage

HELSINKI, JUL 15 (AFP): Before coming to Europe, US President Donald Trump raised eyebrows by predicting that Monday’s historic Helsinki summit with Russian counterpart Vladimir Putin would be the “easiest” stage of his tour.

The rest of his trip, to Brussels and Britain, has indeed crackled with controversy so far.

But new indictments from an investigation into alleged Russian interference in US politics have dropped with embarrassing timing, focusing attention again on whether the Trump campaign may have benefited from Putin’s covert help to win the White House.

And it is far from the only charged issue to loom over the two leaders’ first full-blown encounter.

British accusations that Russia unleashed a deadly nerve agent in an English city, the fears of NATO allies that Trump is not serious about defending the Western alliance, and Putin’s support for the Syrian regime after years of civil war also form part of the crowded backdrop.

Putin will head to the Finnish capital on a diplomatic high after presiding over today’s World Cup final in Moscow, basking in the glow of a trouble-free tournament that burnished Russia’s credentials.



Ahead of the leaders’ first one-on-one summit, the Kremlin said it considers Trump a “negotiating partner”.

“The state of bilateral relations is very bad,” Kremlin adviser Yuri Ushakov said on Friday. “We have to start to set them right.”

Trump meanwhile teed up the summit with a quiet weekend of golf at one of his courses in Scotland, a calm end to his stormy visit to Britain, where he shocked his

hosts by attacking Prime Minister Theresa May’s strategy for Brexit.

The visit heaped more trouble on the transatlantic alliance after Trump ripped into NATO leaders in Brussels for not spending enough on defence, and rebuked Germany for building an energy pipeline from Russia which he said would leave Europe’s biggest economy beholden to Moscow.

Trump was dogged by protests during his four days in Britain, and

more are scheduled in Finland.

But this time Trump will share the opprobrium with Putin, with the biggest rally -- dubbed “Helsinki Calling!” -- on Sunday to focus on issues that demonstrators say both presidents neglect: human rights, democracy, freedom of expression, inequality and the fate of refugees.

All eyes Insight into their relationship will be on offer when Trump and Putin hold a joint news

conference on Monday afternoon after their meeting in the Gothic Hall of the Finnish presidential palace.

The talks are set to begin with only their interpreters in the room, before opening up to their delegations over a working lunch.

Allies are nervously waiting to see if Trump sidles up to the canny Russian leader in the same way he has embraced other autocrats such as China’s Xi Jinping, and even North Korea’s Kim Jong Un.

“Putin has proven himself to be incredibly savvy at reading personalities and characters,” said Alina Polyakova, a foreign policy fellow at the Brookings Institution in Washington, noting that Putin was trained as a KGB spy.

“He will praise Trump and try to bond with him in sort of a mano-a-mano way. Trump will be responsive to that tack,” she said.

On Friday, Trump said: “I’m not going in with high expectations, but we may come out with very surprising things.” He also insisted that he had been “far tougher” with Russia than has been recognised by the “dishonest” media, and would “absolutely” bring up the question of election meddling.

Shortly after, news broke of the

indictments of 12 Russian military intelligence agents for hacking Democrats during the 2016 elections.

Democratic leaders quickly called for Trump to cancel the summit in light of the indictments.

After that suggestion was rebuffed by the White House, the Democrats said Trump should at least ensure his national security team is alongside him with Putin at all times, “not wing it on your own”.

Some in Washington -- along with US allies -- are worried about what Trump might bargain away after he used a stormy G7 summit in Canada to ponder whether it was time to readmit Russia to the club and move past sanctions imposed over Moscow’s seizure of the Crimea region from Ukraine.

Putin has less reason to cheer from Trump’s imposition of trade tariffs on countries including Russia, and from his decision to abandon a nuclear pact with Iran.

Trump also says he intends to pressure Putin over the rapid growth and modernisation of Russia’s nuclear arsenal.

But for Putin, merely getting Trump to sit across the table counts as “an informal recognition of Russia as a great power”, political analyst Alexei Malashenko said.

Facebook disables accounts of Hafiz Saeed’s political party ahead of Pak polls: report

LAHORE, JUL 15 (PTI): Ahead of the general election in Pakistan, Facebook has disabled numerous accounts and pages of the Islamist Milli Muslim League (MML), in a setback to the political outfit launched by Mumbai terror attack mastermind Hafiz Saeed-led Jamaat-ud-Dawa, according to a media report today.

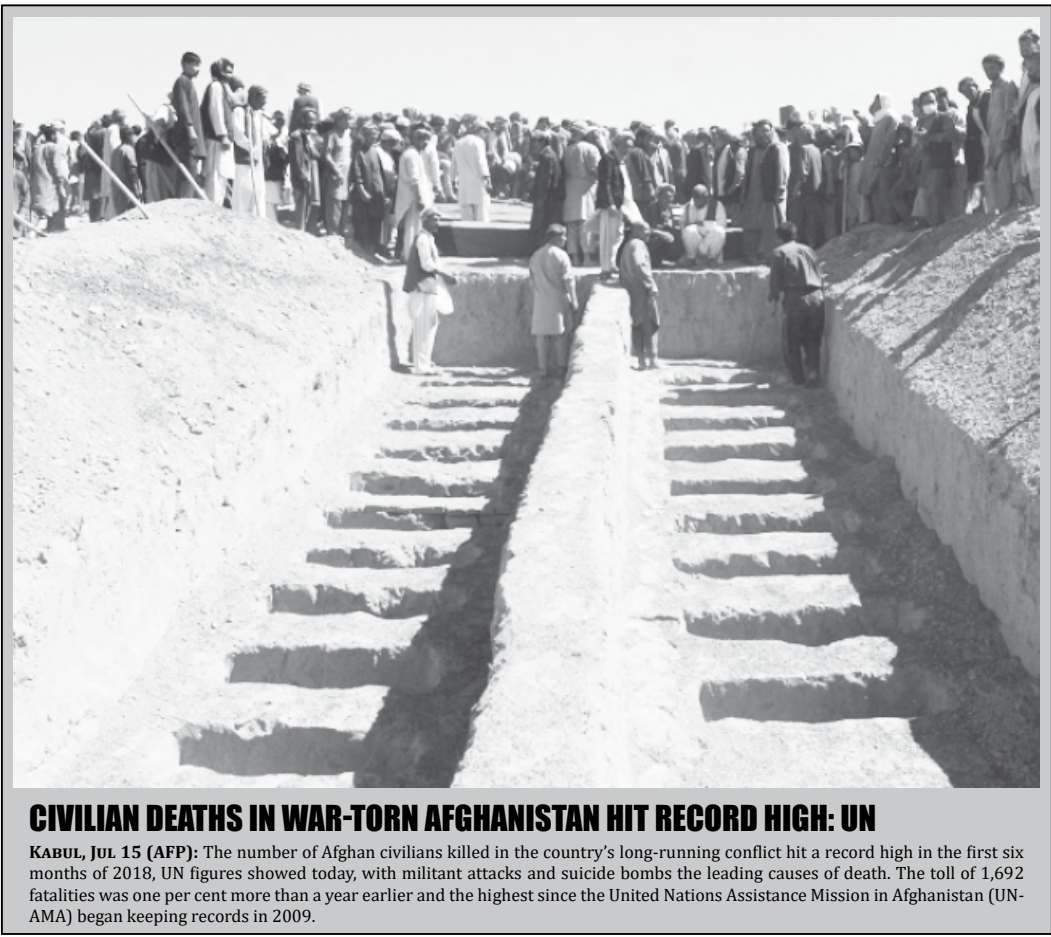
Facebook Chief Executive Officer Mark Zuckerberg had said that it was his priority to make sure his social networking website supports positive discourse and prevents interference in the upcoming elections in Pakistan, India, Brazil, Mexico and other countries.

Recently, Facebook officials contacted the Election Commission of Pakistan (ECP) and offered help to local authorities to identify and remove fake pages of different political parties ahead of the July 25 general election, the Express Tribune reported.

The ECP has not recognised the MML as a political party. In April this year, the US placed the MML on its list of foreign terror organisations for its links with the Lashkar-e-Taiba (LeT) terror group, which launched the 2008 Mumbai carnage.

After the ECP denied recognition to the MML, JuD chief Saeed announced that around 200 candidates of his party would contest the polls under the banner of a little-known party, the Allah-o-Akbar Tehreek (AAT), which is already registered with the election commission.

MML spokesperson Tabish Qayyum told journalists that Facebook has removed numerous accounts of their election candidates and workers without giving any reason. He said Facebook’s act is a gross violation of its own policy and sanction on freedom of expression.



CIVILIAN DEATHS IN WAR-TORN AFGHANISTAN HIT RECORD HIGH: UN

KABUL, JUL 15 (AFP): The number of Afghan civilians killed in the country’s long-running conflict hit a record high in the first six months of 2018, UN figures showed today, with militant attacks and suicide bombs the leading causes of death. The toll of 1,692 fatalities was one per cent more than a year earlier and the highest since the United Nations Assistance Mission in Afghanistan (UNAMA) began keeping records in 2009.

Deadly Algerian migrant expulsions resume in desert, UN says

PARIS, JUL 15 (AP): Algeria’s government has resumed expelling migrants into the Sahara Desert to die, leaving 391 people to wander through some of the world’s most hostile terrain in the middle of summer, a UN migration official said Saturday.

The migrants, from 16 different countries, were abandoned at the border with Niger, according to a tweet from Giuseppe Loprete, the head of the UN’s International Organization for Migration in Niger.

The Associated Press reported last month that Algeria has left more than 13,000 migrants in the desert of Niger and Mali since May 2017, forcing them to walk or die under searing heat.

For several weeks after the AP report came out, the expulsions appeared to have been suspended.

IOM in Mali said the normally secretive Algerian government seemed to be trying to make an effort to communicate the movement of the migrants. An aid worker with contacts inside Algeria said the government instead was rounding up migrants to jail in detention centres.

IOM has been forced to find the migrants as they stumble through the desert, and many told the AP some of their companions died along the way.

Algeria has an agreement with Niger’s government to deport its citizens by convoy directly to the city of Agadez. But migrants from other countries who have been rounded up in repeated sweeps are trucked to around 15 kilometers from the nearest water and ordered to march through some of the world’s most hostile terrain, where summer temperatures reach well above 40 C (104 F).

The African Union, many of whose member governments count citizens among the expelled migrants, has demanded that Algeria stop abandoning people to die in the desert. The United Nations has also condemned the practice.

Gaza ceasefire holds after heavy Israel strikes, Hamas rocket fire

GAZA CITY, JUL 15 (AFP): A ceasefire announced by Hamas held today after the most severe exchange of fire between Israel and Palestinian militants in the Gaza Strip since a 2014 war, reducing fears of a wider conflict for now.

Hamas, the Islamist movement that runs the blockaded Gaza Strip, said late Saturday a ceasefire had been reached with the help of Egypt and others, though Israel declined to comment.

The United Nations’ Middle East envoy Nickolay Mladenov was in Gaza and “working with all concerned parties to de-escalate the situation,” a UN official said on condition of anonymity.

Despite a couple of lower-level exchanges of fire overnight, calm returned to the Gaza Strip on Sunday morning after a day that saw dozens of Israeli air strikes, killing two Palestinians, while some 200 rockets and mortars were fired from the enclave into Israel.

Four Israelis were wounded when a rocket hit a house in the city of Sderot near the Gaza Strip, authorities said.

The two Palestinians killed were

aged 15 and 16, caught in an Israeli strike on a building in the west of Gaza City, the enclave’s health ministry said.

Twenty-five people were wounded across Gaza, the ministry said.

A Palestinian man and his son were also killed in an explosion on Sunday in Gaza City, but police said it was not the result of Israeli fire.

Hamas said it fired at Israel in defence in response to air strikes, which came after a soldier was wounded by a grenade along the Gaza border.

Fawzi Barhoum, Hamas spokesman, said “the protection and the defence of our people is a national duty and a strategic choice.”

Israel blamed Hamas for the escalation, pointing to months of protests and clashes along the border that its military argues the Islamist movement is seeking to use as cover for attacks.

There have also been hundreds of fires at Israeli farms caused by kites and balloons carrying firebombs from Gaza, leading to political pressure on the government and military to take action against Hamas.

Israeli Prime Minister Benjamin

Netanyahu said late Saturday that Hamas had been hit with “the hardest blow” since a 2014 war “and we will increase the strength of our attacks as necessary.”

Thick plumes of smoke rose over parts of the Gaza Strip on Saturday as Israel hit dozens of targets it said belonged to militants, including a high-rise building allegedly used by Hamas as a training facility with a tunnel underneath.

In Israel, air raid sirens on Saturday sent people rushing to shelters in areas surrounding the Gaza Strip as rockets and mortars were fired from the Palestinian enclave at nearby communities.

Israel said its air defences intercepted around 30 of the some 200 rockets and mortars fired.

Tensions have been building between Hamas and Israel for months over mass protests and clashes along the border fence. The two sides have already fought three wars since 2008.

The protests have called for Palestinian refugees to return to their former homes now inside Israel.

Since the protests and clashes broke out along the border on March

30, at least 141 Palestinians have been killed by Israeli fire.

The majority of those killed were involved in protests and clashes but others were seeking to breach or damage the border fence.

No Israelis have been killed.

The arson balloons and kites from Gaza have caused 750 fires and burned 2,600 hectares, leading to hundreds of thousands of dollars in damage, according to Israel’s fire service.

On July 9, Israel closed its only goods crossing with the Gaza Strip in response to the fires.

Hamas called the move a “crime against humanity,” with Gaza already suffering from deep poverty and worsening humanitarian conditions.

Border protests peaked on May 14, when the United States moved its Israel embassy to the disputed city of Jerusalem, but have continued at a lower level since then.

On Friday, Israeli troops shot and killed two Palestinians, including a teenager, and wounded hundreds of others in border clashes.

An Israeli soldier was also moderately wounded when a grenade was thrown at him from the north-

ern Gaza Strip, the military said.

Molotov cocktails, flaming tyres and stones were also hurled in the direction of soldiers, according to the army.

Israel says its use of live fire is necessary to defend its borders and stop infiltrations. Palestinians and rights groups say unarmed protesters are being shot while posing no real threat.

Israel’s army said Saturday’s strikes targeted military facilities belonging to Hamas.

Among the main targets were the “Hamas Battalion HQ in Beit Lahia, which includes urban warfare training facilities, (a) weapon storage warehouse, training compounds, command centres, offices and more”, the army said in a statement.

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DUCHESSES' DAY OUT! Kate Middleton, Duchess of Cambridge, and sister-in-law Meghan Markle, Duchess of Sussex, attended the Wimbledon Ladies' Single Final together on Saturday to cheer on the latter royal's friend Serena Williams as she competed against Angelique Kerber. The two laughed and chatted as they watched the match from the Royal Box. This marked the first time Kate and Meghan have attended an event together, just the two of them, since the latter married Prince Harry in May.

We're getting to know each other: Priyanka on Nick Jonas

LOS ANGELES, JUL 14 (PTI): They kind of confirmed their relationship when singer Nick Jonas tagged along with Priyanka Chopra during her India visit, but the actor says they are still "getting to know each other".

During their week-long getaway in India, Priyanka introduced Nick to her mother Madhu Chopra and her friends.

"We're getting to know each other and I think it was a great experience for him. That's what he said. I think he really enjoyed it. It was really beautiful. He had a great time," the 35-year-old star told People magazine.

Priyanka said while for



some people, travelling with a significant other for the first time is a relationship milestone, it is a usual thing for her.

"To me, my whole life is about travelling. I travel every two weeks on a different plane. My family flies over, my friends fly with me. It's not a big deal in my world. It's my normal."

Sharing her idea of per-

fect date night, Priyanka said what is most important for her is "being in a surrounding where you can actually get to know them and it's not about doing something that takes away from each other."

"... Date night is important to have two people be themselves and be able to spend time together and still love each other. Date night for me would be someone being thoughtful about the person they care about and being with them," she added.

Priyanka and Nick sparked dating rumours after they were spotted spending the memorial day weekend together.

South Delhi slums get a makeover thanks to street art

NEW DELHI, JUL 15 (PTI): Bland walls and drab surroundings of many slums in south Delhi have now been transformed into vibrant and colourful spaces, thanks to a street art project that seeks to meaningfully engage people with the residents of such colonies.

The project is part of a larger initiative of improving the quality of life and sanitation condition in slum clusters, officials said.

"Street art is another form of expression and it is very different from the gallery or canvas art. It is bound to be destroyed over time, due to heat, rain, dirt or pollution. But till the time the art is preserved and people get involved with it, it surely brings some change in the life and attitude of people," said Yogesh Saini, founder of Delhi Street Art.

In Delhi, the team from this creative platform has done street art work at several locations, including Lodhi Road area, Shankar Market, Cyber City, various flyovers, buildings of underprivileged schools, metro pillars, night



shelters and toilet complexes.

The Delhi Street Art and an NGO have partnered with a state-run oil major for this slum makeover project. The NGO carried out the cleanliness drive along with the art group.

"Seven camps - five in Vasant Vihar and two in R K Puram - have been taken up by us for the cleanliness drive. Cleanliness should not be a one-time activity, it should be sustainable," said an official

of the company who did not wish to be quoted.

Project Manager of Safe Approach NGO, Santosh Jha, said, "We have taken up the activity of cleaning and aesthetic beautification of the Kholi camp and Seva camp here. People should be able to notice from far away and acknowledge it as a model slum of Delhi."

"The locals are also expected to maintain the cleanliness of the place to avoid health hazard or any prob-

lems caused by the unhygienic conditions. We raised awareness among the locals through street plays," he said.

Therefore, it was planned to beautify the area rather than just cleaning it. If the surroundings remain clean and vibrant, people will be motivated to keep it maintained that way, Jha said.

"The visibility, safety and maintenance of the places where we carry out our art definitely get better," Saini said.



'Soorma' releases in Pakistan and Kuwait

Soorma, Indian hockey player Sandeep Singh's biopic, has hit theatres across Pakistan and Kuwait.

The film stars Diljit Dosanjh as Singh, who was paralysed for two years but returned to the game and won accolades for the nation.

"Soorma" has been cleared across all territories in Pakistan, acquiring 80 per cent of the screens there. The biopic released in Kuwait on Thursday with no cuts.

"This movie is not restricted to Indian audience but people across the world will get inspired by Sandeep's story. It is an inspiring story that recalls one chapter of our nation's success in the field of Hockey. As a director, I couldn't have been more happy than to have my film receive clearance for release," director Shaad Ali said in a statement.

"It is probably after a decade that an Indian film will release in Kuwait without any cuts or mutes. It is heartening that our labour of love will be screened in Kuwait and in territories across Pakistan," he added.



Hope 'Dhadak' touches hearts of millions: Jahnvi Kapoor

KOLKATA, JUL 15 (PTI): With less than a week to go for the release of her debut film 'Dhadak', actor Jahnvi Kapoor hoped that the Shashank-Khaitan directorial venture turns out to be a "moving experience" for the audience.

"Like every film, I hope it entertains people. More than anything else, I hope people take time to think about the subject we are trying to talk about (in the film)," Kapoor, daughter of actor Sridevi and filmmaker Boney Kapoor, said at a promotional event in the city on Friday.

The 21-year-old actor wanted her Bollywood debut, co-starring Ishan Khatter, to touch lives.

"I wish that they (audience) feel deeply for our characters. I believe 'Dhadak' will touch the hearts of millions," she said.

Dhadak, a Hindi remake of 2016 Marathi blockbuster 'Sairat', is set to hit the theatres on July 20. A part of the film has been shot in Kolkata.

Asked about the constant comparisons between 'Sairat' and 'Dhadak' on social media, Kapoor said, "Sairat is an iconic film, not only for the Marathi cinema but for the whole country. I had seen the film even before 'Dhadak' happened.

Our film, on the other hand, is set in a different milieu, as visualised by Shashank Khaitan."

Khatter, who earned accolades for his debut in Majid Majidi's 'Beyond the Clouds', said he knew from the very beginning that people would compare the two films.

"It had never been our attempt to make the film look better than 'Sairat' in any way. That is why we did not feel any pressure from the negative comments," the 22-year-old starlet, step-brother of actor Shahid Kapoor, said.

Asked to recall a funny experience during the shoot of 'Dhadak' in the city, Kapoor said, "We had to wrap up a shot in just one take at an outdoor location, there were many media persons hanging around. One of them scrambled to move out of the frame as the camera rolled and he was caught in the moment. That shot has been retained."

The debutante actor also said that she would love to play legendary actresses Meena Kumari and Madhubala, if given a chance.

"I had read about Meena Kumari and Madhubala, their lives have been so inspiring. I am one of their biggest fans.

I would love to portray their characters if an opportunity came my way," she gushes.

Talking about the Bengali food she relished in Kolkata during the shoot of 'Dhadak', Kapoor said, "It was 'fish curry' and 'chingri machher malaikari' all the way." PTI SUS RMS

ARIES: A despondent friend may need some cheering up. Your ability to nurture and listen sympathetically will definitely prove beneficial, Aries. Take care not to absorb any of this person's dejection. Your life should continue to go well with professional successes leading to new friendships and goals. Hang on to your enthusiasm and optimism while showing compassion for others.

TAURUS: Many projects to complete before a deadline might have you feeling pressured, Taurus, but your determination is likely to drive you to try to get it all done even if it seems impossible. Don't try to do it all yourself. Ask for a little help. You can accomplish your ends without putting undue pressure on yourself. Try to relax today.

GEMINI: You've been doing very

well, Gemini, but today you might feel more focused than ever. The path ahead seems clear and well defined. You're anticipating the future with motivation. You might be considering a long trip abroad or perhaps going back to school for an advanced degree. This is a good day to research and finalize your plans.

CANCER: Some kind of settlement, grant, or bonus that you've anticipated for a long time may finally show up, Cancer. This should make your day! You may want to celebrate. A chance to attend a large social gathering might come your way. Have fun! Tonight don't be surprised if vivid dreams - some great, some sad - come your way. Keep a notebook and pen by your bed so you can write them down.

LEO: Today you may put a lot of energy into your romantic relationship,

Leo. The astral energy is encouraging you to focus on romance. Give your significant other a special gift to show how much you care, and spend some time alone together. Any romance initiated or advanced today is likely to prove stable and long lasting. Don't let fear stand in your way. Move ahead.

VIRGO: Too much work and the resulting pressure over the past few days may have you feeling too tired to do anything more, Virgo, although your optimism and enthusiasm are still intact. Don't be too hard on yourself if you're dragging by the end of the day. If you take care of yourself, you will soon recharge and be your old self again. In the evening, read a good book.

LIBRA: Romance blossoms for you, Libra, perhaps after a long standstill. A new stability and security may set-

tle on love relationships as well as close friendships. Children could be a great source of warmth and pleasure. You might want to channel some of this blossoming positive energy into a creative activity of some kind, which should increase even further your sense of contentment and well-being.

SCORPIO: You might host a social event in your home tonight, Scorpio. You may be nervous at first, wondering if all will go well. Your efforts should produce the results you want. You might be introduced to new contacts, which could lead to increased professional opportunities. Take a walk after everyone has gone. Your mind will be going a thousand miles an hour and you will want to clear your head.

SAGITTARIUS: Paperwork, perhaps contracts or other legal documents,

might need attention so you can move ahead with your projects, Sagittarius. These projects could involve writing or speaking. Your mind is in just the right space to participate in anything involving communication, so doors of opportunity may open for you in this area. Lift your chin and get going. You will be glad you did.

CAPRICORN: Your financial picture continues to improve. At some point during the day, Capricorn, you might have the feeling that you aren't working hard enough to keep up your current forward motion, and you might worry. This could be a good motivator, but you don't need to push yourself much harder than you are now. You're on a roll and it's likely to continue. Keep moving, but pace yourself.

AQUARIUS: Even though all contin-

ues to go well for you, Aquarius, your mood may vacillate today. In spite of all the great things in your life, at some time during the day you might feel a little blue. Don't read too much into it. It's probably just the result of low bio-rhythms. Try to distract yourself with physical activity. Go out with some friends and have a good time this evening.

PISCES: Trying to get too much work done in the course of the day could prove self-defeating, Pisces. Your energy isn't what it usually is, and you're probably operating on adrenaline. Consider the situation carefully and list your tasks in order of urgency. The world won't come to an end if you don't get them all done by the end of the day. In the evening, watch a movie and order a pizza.