



SummitTIMES

Vol 03 | Issue 119 | Gangtok | Tuesday | 08 May 2018

ON TOP OF THE NEWS

RNI No. SIKENG/2016/69420

Pages 8 | ₹ 5



Make daily sports period mandatory for all classes: Tendulkar to CBSE

NEW DELHI, MAY 7 (PTI): Master Blaster Sachin Tendulkar has lauded the new policy of the Central Board of Secondary Education (CBSE) mandating daily sports period for students of class 9 to 12 and urged the board to extend it to all the classes.

The board has formulated new sports guidelines for schools mandating them to have a daily sports period for class 9 to 12 so as to prevent students from having a sedentary lifestyle and turning into couch potatoes.

"India is at number 3 when it comes to obesity and it is a matter of serious concern. A young, unfit and unhealthy India is a recipe for disaster. To be able to tackle this issue, we must build a strong sporting culture in our country," Tendulkar said in a letter to CBSE Chairman Anita Karwal.

"CBSE's decision to reserve one period every day for health and physical education is indeed a right move in that direction. However, there is certainly more that can be done with this initiative," he added.

The ace cricketer further said, "Since the overall objective of your initiative is preventing obesity among children, the board would also like to consider making health and fitness mandatory across all other classes as well." The board has prepared a 150-page manual detailing sports guidelines for schools for classes 9 to 12 and methodologies for implementing them.

According to the new guidelines aimed at mainstreaming health and physical education, it will be mandatory for schools to have a "sports" period daily during which students will have to go to the playground but will be free to perform any physical activity listed in the manual and will be graded on the same.

The board had in March asked all schools to reserve one period for "Health and Physical Education (HPE)" while preparing their timetable for the 2018-19 session. However, HPE will be different from Physical Education (PE) academic elective which is offered to class 10 and 12 students.

CM'S JAN SAMPARKH ABHIYAN REACHES YUKSOM

SDF will sweep the polls in all four districts: Chamling

REBYNA RANA GYALSHING, 07 MAY: "THE RUMLYANG TUNGRONG [Stairway to Heaven] project could have boosted tourism revenue while also immortalizing Lepcha community. Our aim is to combine Lepcha mythology with modern development process of Sikkim but its progress has been very disappointing," said Chief Minister Pawan Chamling while addressing the public of Yuksom-Tashiding constituency during his 32-day State-wide public outreach tour, 'Jan Samparkh Abhiyan', at Yuksom in West Sikkim today.

Expressing discontentment over the progress of the Stairway to



Heaven project, the CM said that the foundation stone of the project was laid in 1996 at Daramdin,

it has been 22 years since its inception now and further delay will only attract criticism.

Here he directed the Engineers and Secretaries of the concerned department to

expedite the construction works of the project for early completion.

He also sanctioned various road projects based on the demand of the people of Yuksom-Tashiding constituency.

Addressing the gathering Chief Minister said that when SDF party first came into power, Sikkim had only 1800 KM roads that too were narrow and mostly jeepable. In these 24 years of SDF government, the number of roads has increased vastly in the State with 7000 KM of wide metalled roads. In this tour also I have sanctioned many new road projects in every constituency, he informed. With this, Sikkim will have total of almost

turn to pg02

MINOR BOY IN SINGTAM DREAMS OF EDUCATION AND SCHOOL

YOGEN THATAL SINGTAM, 07 MAY:

"EVERY MORNING I see my friends going to school carrying fancy school bags and water bottles with Chhota Bheem logos on them along with their parents. I wish to attend a school too wearing tidy uniforms but I can't. I wait here outside the school gets over to see kids like me and some of my friends amongst them. We walk back home together," says a minor boy who sells locally grown vegetables near Singtam Senior Secondary School from his "doko".



Modi like mobile phone on speaker mode: Rahul

HOSAKOTE /MALURU (KTK), MAY 7 (PTI): Congress chief Rahul Gandhi today hit back at Prime Minister Narendra Modi for his "PPP Congress" jibe, likening him to a mobile phone on "speaker and airplane" mode and not the "work" mode.

On the 9th leg of his election tour of Karnataka, he accused Modi of making personal attacks against him as he did not have to speak about on other issues.

"There are three modes in a cell phone...the first is the work mode...the other two are speaker mode and airplane mode. Modi only uses speaker and airplane mode and not the work mode," he told reporters in an impromptu interaction.

He was responding to a question about Modi's Tuesday remark at an election rally in Gadag where he said the Congress will become "Punjab, Puducherry, Parivar" Congress after its defeat in the Karnataka Assembly polls.

"You might have seen and heard, in my speeches I speak about Narendra Modi, I question him on issues...but I speak about him with respect. Narendra Modi is an elderly man, he is aged, going to be 70. I respect those who are elder to me," Gandhi told election ral-



lies in Hosakote and Maluru.

Modi, he said, cannot speak on corruption as the party's chief ministerial candidate Yeddyurappa faced graft allegations.

"He cannot speak about corruption as he has Yeddyurappa standing next to him. He cannot speak about farmers as he has not given them MSP, bonus, and not waived farm loan.

"He cannot speak about Dalits as Rohit Vemula (a dalit student of Hyderabad who committed suicide) was killed by his people, Dalit in Unnao was killed by his people. What is left? Speak ill about Rahul Gandhi, Siddaramaiah, and (Malikarjun)

Kharge. He does it," he said.

During the three-day visit, Gandhi will address public meetings in Kolar, Bengaluru rural, Chikkbalapura, Tumakuru districts and Bengaluru city.

Gandhi said though use of such language was unbecoming of a prime minister, it was a "habit" with Modi.

Alleging that atrocities against Dalits and minorities were on the rise, the Congress president said his party would not allow the Constitution to be changed, as asserted by Union minister from Karnataka Anant Kumar Hegde.

"Narendra Modi folds his hands

in front of Ambedkar's statue and garlands it, but the causes for which Ambedkar fought, he will not fight for it," Gandhi said, adding that, all across the country Dalits and minorities were being "beaten up, killed and crushed".

About Hegde's alleged comments on the Constitution, he said, "Modi jilisten carefully, put however much strength you have you cannot change Ambedkar's Constitution because Congress party will not allow you to do it."

Terming Karnataka elections as a fight between ideologies, he said on one side was the thinking of Basavanna (12th century social reformer), the Congress party, Indira Gandhi and Devraj Urs (former chief minister), and on the other were the BJP, RSS, Modi's thought.

Gandhi said apart from Yeddyurappa, four former ministers who had spent time in jail, and eight people from the camp of the controversial Reddy brothers were in the poll fray so they can "loot" Karnataka.

"The qualification of Yeddyurappa, Reddy brothers and four ministers..... Yeddyurappa is the most corrupt chief minister the country has seen, Reddy

brothers are the most corrupt people the country has seen...they will give money for marketing Modi after looting Karnataka," he said.

Earlier, the Congress president rode a bicycle as he led a march against high fuel prices at Maluru in Kolar district. He later stood on a bullock cart from where he addressed a gathering.

He alleged the Modi government wanted to take money from the common man to give it to its "rich friends".

The world over petrol prices were going down, but in India those were still high, he lamented.

"Earlier in international market, the price was USD 140 per barrel, now it is USD 70 per barrel. So lakhs of crores of rupees is being saved by the government. Where is the money going?" Gandhi asked.

"Why are you not telling people that you don't want to put GST on petrol and diesel? You want to take away money from the common man and want to give it to your five or ten industrialist friends...take money from the pockets of women and put it into the pocket of Nirav Modi and Lalit Modi," he said.



Tourism Shelter to organize 1st Sikkim Travel Mart '18

SAGAR CHETTRI GANGTOK, 07 MAY:

The 1st Sikkim Travel Mart- 2018 is scheduled to be held from 11-13 May here at a local hotel in Gangtok. The three-day long tourism fair is being organized by a travel division & travel management company, Tourism Shelter, and will have the participation of representatives from various Central Ministries and Tourism Departments of different States, travel agents, tour operators and hoteliers along with various government departments and organizations of Sikkim.

This was informed during a press conference here today, which was addressed by Public Relations Officer, S Saha, and Chief Administration Officer, D Goswami.

Mr Saha mentioned that the main objective of holding the three-day-

long event is to provide a better platform for tourism stakeholders from different States to promote their respective State's tourism while giving the local people of Sikkim the opportunity to plan their holidays within these three days by directly visiting tour operators and hoteliers of different States.

"This is a purely tourism promotion event," he expressed.

Mr Saha informed that the event will also have pilgrimage, medicinal and educational tourism stalls among others. The event will also feature stakeholders' meet and other interactive sessions with the visitors, he added.

The organisers have invited the people of Sikkim to take full benefit of the event being organized in the State for the first time.

Majhi Gaon resident urges for Police patrol to control regular theft cases in the area

JORETHANG, 07 MAY: Some unknown miscreants made away with auto-parts of a car which was parked at Majhi Gaon in Jorethang, South Sikkim including parts like tape with sound box, wheel range, jug handle and seat cloth. The owner of the vehicle, Deokee Darjee, has lodged an FIR today against the unknown miscreants at Jorethang Police Station. In the FIR, it has been mentioned that this is for the 6th time that such theft case has occurred in the area. A request has been made to Jorethang Police to deploy a night patrolling party for the concerned area.



SKM HOLDS MASS JOINING PROGRAMME IN CHOTA SAMDONG

GANGTOK, 07 MAY: Sikkim Krantikari Morcha members of Soreng-Chakung Constituency in the presence of CLC president, Binod Basnett, youth convenor, Suku Subba, and senior party members, MB Rai and Roshan Tamang, conducted a mass joining programme at Chota Samdong GPU in Soreng, West Sikkim today wherein 20 households of the GPU hoisted SKM party flags at their house premises, an SKM press release informs.

BJP submits 6-point memo in favor of Sikkimese workers to Labour Dept Secretary

GANGTOK, 07 MAY: A team of Bharatiya Janata Party Sikkim Pradesh led by its president, DB Chauhan, has submitted a six-point memorandum to Labour Department Secretary today. During discussion on various issues faced by workers of Sikkim, the Labour Department Secretary expressed that the memorandum submitted by BJP was genuine in principle. The party has given the ultimatum of 30 May to work out on all demands placed in the memorandum, a press release informs.

The memorandum has alleged that labour contract system prevalent in Sikkim was highly discriminatory, inhumane and biased which needs to be abolished at the earliest. The memorandum has also demanded for equal pay for equal work to all temporary and casual workers employed in various private and semi-government sectors and to ensure the dignity of labour by improving the condition of work place, equal



treatment to local and non locals employed in various private and semi-government sector.

Further, the memorandum has also demanded for safety measures to the workers in their

workplace employed in various private and semi government sectors, to ensure that women workers employed in various private and semi government sectors are secure in all respects

and to ensure that fundamental problems of the workers like leaves, Employees Provident Fund, ESCI [Health] and regularization and promotion are addressed properly.

Britain to Trump: don't ditch Iran nuclear deal

WASHINGTON, MAY 7 (AFP): Britain has appealed to US President Donald Trump not to abandon the Iran nuclear deal as a key deadline approaches, saying that while it is not perfect there is no better alternative.



alternative.

The call came in an op-ed piece in The New York Times that was signed by Foreign Secretary Boris Johnson, ahead of a meeting with officials from the US administration in Washington on Monday.

Trump has threatened to withdraw from the agreement when it comes up for renewal on May 12, demanding his country's European allies "fix the terrible flaws"

in it or he will re-impose sanctions on Iran that were eased under the historic accord.

The nuclear deal was struck in 2015 among Iran and Britain, China, France, Germany, Russia and the United States, then led by Barack Obama.

Under the pact, sanctions were eased in return for a commitment from Iran not to pursue a nuclear bomb, but Iran says it is not reaping the rewards despite complying with the deal.

"At this delicate juncture, it would be a mistake to walk away from the nuclear agreement and remove the restraints that it places on Iran," Johnson wrote in the Times piece. He argued that inspectors from the International Atomic Energy

Agency have been granted extra powers to monitor Iran's nuclear facilities, "increasing the likelihood that they would spot any attempt to build a weapon".

"Now that these handcuffs are in place, I see no possible advantage in casting them aside. Only Iran would gain from abandoning the restrictions on its nuclear program," Johnson wrote.

He added: "I believe that keeping the deal's constraints on Iran's nuclear program will also help counter Tehran's aggressive regional behavior. I am sure of one thing: every available alternative is worse. The wisest course would be to improve the handcuffs rather than break them."

SDF will sweep the polls in all four districts: Chamling

contd from pg01

8000 km roads," said the CM.

He also announced the construction of the statues of, Lutsum Chembo, Sempa Chembo and Rinzing Chembo, the three Lamas who had consecrated the first Chogyal of Sikkim at Norbughang near Yuksom.

"Their statues at Yuksom will not only hold historical importance but will be an asset for Yuksom tourism," he added.

CM further announced setting up of small stalls along the roadsides in west Sikkim for the sale of organic vegetables, tea and eatables; this according to him will be

constructed by the Roads & Bridges Department within the area of 10 feet x 30 feet. He further said that it will be the responsibility of concerned Panchayats and area MLAs to make sure that the stalls are run by local people.

Talking upon the organic movement of the government, the CM said, the decision of the government is purely public centric who in turn need to seize the opportunity to earn from it and the government will do everything in its power to protect public interests.

"All this was done in order for Sikkimese farmers to seize the

golden opportunity and work more effectively," he said.

Further, he also shared his vision of setting up of Government Organic Feed Manufacturing Plants for making Sikkim's products all organic.

He also urged the younger generation to take examples and follow the work culture of Japan and other nations which magnifies respect and can add to the wellness of the State. He shared experiences of life and how it teaches lessons and added that the youths need to take benefits which the State has been providing for their education

and become the future of Sikkim.

He further said that the people have voted SDF for fifth term and are also ready to keep the party ahead for sixth term. We lost eight seats in East district in the 2014 election but later, people of these eight constituencies rued about it and are waiting for the next elections to rectify their mistakes. People of East have turned towards SDF this time. All four districts of Sikkim are with us.

The opposition parties are only troubling themselves with their tours; their intentions are not people centric. In the upcoming elections, all opposition parties will

team up and fight against SDF but the election will be between all the opposition parties and the people of Sikkim. The people of Sikkim should rule Sikkim, this is our agenda for the next election, said the Chief Minister.

Addressing the demands placed by the people of Yuksom-Tashiding Constituency, the CM stated that demands like electricity, drinking water, up-gradation of schools and other basic needs will be met according to priority and in a phase-wise manner.

During the function, the Chief Minister was felicitated by the

public of Yuksom-Tashiding for being the longest serving Chief Minister of India. Similarly, Letter of Appreciation was also presented by Khangchendzonga Conservation Committee [KCC] along with a memento which was presented by Principal Secretary-cum-Principal Chief Conservator of Forests [Forest, Environment & Wildlife Management], Thomas Chandy, on behalf of the FE&WM Department.

The CM was accompanied by his cabinet Ministers, MLAs, Zilla Panchayat Members, Chairmen and government officials.

Weather warning: Delhi govt decides to close all evening schools tomorrow

NEW DELHI, MAY 7 (PTI): The Delhi government today decided to close all evening schools tomorrow following the weather department's warning about heavy rains and thunderstorm.

The government said that all evening schools (second shift which starts from the afternoon) will be shut tomorrow. There are around 400 evening schools running in the national capital.

Government has also asked other schools to not hold outdoor activities and extra-curricular activities between 3 PM to 7 PM during which wind speed is expected to remain high.

The decision was taken at a high-level meeting chaired by Chief Secretary Anshu Prakash to review the preparedness of authorities in the wake of the warning.

The India Meteorological Department (IMD) today issued an alert forecasting that several parts of northern and eastern India, including Delhi, could witness thunderstorm and squall tomorrow with winds gusting up to 50-70 kilometers per hour.

In a circular issued in the evening, the directorate of education said that winds with a speed of 50-60 kmph may blow between 3 PM and 7 PM in Delhi which is expected to peak around 5.30 PM.

"In the light of inputs from State Disaster Management Authority, it has been decided that government, government-aided & recognised unaided school under directorate of education running in evening/11nd shift shall remain closed on May 8 as a precautionary measure.

"Other schools are also advised to not hold outdoor activities/extracurricular activities during the above said time period (from 3 PM to 7 PM)," the circular stated.

The government also issued a list of 'dos and don'ts' to deal with any such possible situation. Officials of the fire department, revenue, traffic police, home, PWD and others were present in the meeting chaired by the chief secretary.

In the list of 'dos and don'ts', the government has advised citizens to try to stay indoors and staff off verandas and keep a watch on local weather updates and warnings.

The government also asked people to ensure that children and animals are inside and unplug unnecessary electrical appliances.

The advisory also asked citizens to avoid taking a bath or shower or leave water running for any purpose.

"This is because lightening can travel along pipes. Keep away from doors, windows, fire places, stoves, bath-tubs, or any other electrical charge conductors," the advisory stated.

According to the India Meteorological Department (IMD), thunderstorm accompanied by gusty winds, is very likely at isolated places over Jammu and Kashmir, Uttarakhand, Himachal Pradesh, Punjab, Haryana, Chandigarh, Delhi and western Uttar Pradesh tomorrow.

At least 124 people were killed and more than 300 others injured in five states due to dust storms, thunderstorms and lightning last week.

HAVE A STORY TO SHARE?

email us

news@summittimes.com

Gangtok on Tuesday, 08 May
Temp: 26°C / 13°C
Forecast: Mostly cloudy with a couple of showers and a thunderstorm, mainly later.
Sunrise: 04:52 AM
Sunset: 6:13 PM

Odisha hands over land titles to 2,000 slum dwellers

BERHAMPUR (ODISHA), MAY 7 (PTI): Odisha government today handed over land titles to around 2,000 slum dwellers of different urban local bodies in Ganjam and Puri districts.

As part of the implementation of the Odisha Land Rights to Slum Dwellers Act 2017, Chief Minister Naveen Patnaik distributed the land rights to the slum dwellers at a function held at Chhatrapur, the district head-quarter town of Ganjam district.

In addition to the land titles, the beneficiaries will be provided Rs 2 lakh each part-funding to build their homes, officials said.

"Not only they get the land titles, but they will also live in a dignified manner with all facilities like road, light, drinking water and other essential provisions," Patnaik said, while handing over the titles and launching the Liveable Habitat Mission ("Mo Ghara").

Tata Trusts will provide technical support for the project, which is likely to benefit around 10 lakh slum dwellers of 2,500 pockets in 104 urban local bodies (ULB) across the state.

"We are very much happy to partner with the state government in the project," said Ratan Tata, Chairman, Tata Trusts.

The project will be implemented in a mission mode and will be completed in the next one year, Odisha Urban Development Minister Niranjan Pujari said.

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GMTO, GANGTOK, SIKKIM
NOTICE INVITING TENDER
TENDER NO: T-1118-19 dated 07.05.2018

E-tender are invited on behalf of the GMTO, Gangtok for, "PLB PIPE LAYING OF Cable Pulling inside the NHPC Colony. NHPC Ltd Teesta-V Power Station. Singtam, East Sikkim. Details are available in the website www.tenderwin24.com (BIDDING) O/o GMTO, BSNL, Gangtok

In conversation with R&B/Hip-Hop crew, EMC Nistachar...

NITESH R PRADHAN GANGTOK, 07 MAY: *EMC Nistachar has been a constant figure in the R&B/Hip-Hop music scene of Sikkim. In spite of all the struggles, they have come up with many songs which have made them regulars in the State. In conversation with Summit-times, one of the members of EMC Nistachar, Karan Rai, shared their big plans while expressing their focus on creating a space for themselves at home-ground as a priority.*



ST: Tell us about your first experience in the field of music?
N: I started my first crew as EMC Boys. Since I was the only one in the group to be

through EMC Nistachar and have learnt many life lessons.
ST: Your first song?
N: We started our journey with our first song "Dhani Garib". It was our very first venture as EMC Nistachar.
ST: Do you feel appreciated in Sikkim?
N: To be honest about it, there is a lot of partiality and being appreciated of our efforts still feels like a struggle.
ST: How has the journey of

bringing up a song and a video been so far?
N: Coming up with a video is the hardest part with the uncertainty of the weather here. Like during the shoot of one of our songs named "Bedhana", the video concept included a sunny day but on reaching our shoot location, it started raining and we had to change the entire concept and location as well. By the time we reached our next location, our camera was

dead and it took us extra two hours to finally complete the shoot. We are just glad that the video came out well and was appreciated by many after its release.
ST: How has the response been till date?
N: The response has been going good. The success of this video has only increased hopes of our hard work and dedication being noticed and well appreciated by viewers. We have garnered good feedback and comments on the video.

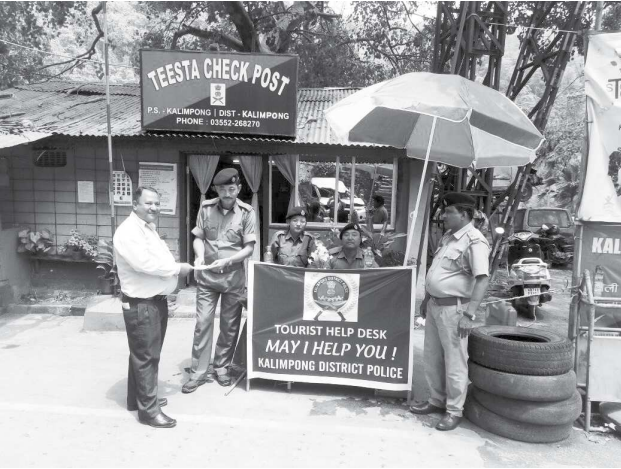


SWACHHATA HI SEWA CAMPAIGN COMMENCES AT PEGONG
GANGTOK, 07 MAY: The 11th Battalion of Indo Tibetan Border Police, Pegong started "Swachhata Hi Sewa" campaign at Pegong village in North Sikkim today under the leadership of its commandant, Rajesh Kumar Tomar. During the campaign, an awareness generation and community mobilization programme was also launched by ITBP. Commandant Tomar urged all to contribute towards the protection of environment, a press release informs.



Prerna Branch helps set up Thegu Primary Residential School library

GANGTOK, 07 MAY: Women's wing of Paschim Bengal Sikkim Prantiya Marwadi Yuva Manch, Prerna Branch, Gangtok today visited Thegu Primary Residential School, located 05 KM away from Tsongmo Lake in East Sikkim on the occasion of its 3rd Foundation Day. The Prerna members visited the school to set up a library. They also distributed books for the library along with mats, toys and other items essential for the boarders of the school, a press release informs.



Helpline desk for tourists set up at various locations in Kalimpong district

SUMMIT REPORT KALIMPONG, 07 MAY: Kalimpong Police have set up a helpline desk at various locations of Kalimpong district including Thana Dara, Lava, Pedong, Rambhi, Teesta Bazaar, Labarbotay and Rangpoo in order to guide the tourists with authentic information.

"The basic problem in Kalimpong begins with interrupted communication as network connections of most of the servers are poor here. Once the mode of communication is hindered, the tourists have to experience hassles in a new place," the district police expressed.

"We have seen the harassments that the tourists face. Because of lack of communication, sometimes tourists get stranded. There are many police check posts and outposts in our district and the tourist helpline will be available in most of the places," said Superintendent of Police, Kalimpong, Dhurva Jyoti De.

It is informed that the helpline will be open from morning to evening every day. A threefold pamphlet bearing important phone numbers and a list of "must-visit" local destinations will also be distributed to the tourists.

The SP further said that if any tourists face any kind of problem during their visit to Kalimpong, the Police Department, in any circumstance, will be ready to help them.

Delhi govt delaying 7th pay commission implementation in pvt schools: Plea in HC

NEW DELHI, MAY 7 (PTI): A private unaided schools association has moved the Delhi High Court alleging that the AAP government was delaying the implementation of the Seventh Central Pay Commission's recommendations in such institutions causing hardship to teachers, students and parents alike.

The plea, which is listed before Justice Sunil Gaur for tomorrow, was earlier listed before five judges who recused from hearing it on the ground that someone in their families was studying in schools that were part of the association.

The petitioner association, Action Committee Unaided Recognised Private Schools, has claimed in its plea that while government and aided institutions are implementing recommendations of the 7th central pay commission (CPC) immediately, the same benefit was being delayed when private entities were concerned.

The petition, filed through advocate Kamal Gupta, has claimed that the government and aided schools can draw sustenance from the exchequer for the payments to be made towards increased salaries and allowances, but private institutions are entirely dependent on fees received from students to meet such liabilities.

Desperate for turnaround, Royals return to home turf

JAIPUR, MAY 7 (PTI): Languishing at the bottom of the table, Rajasthan Royals need nothing less than a miracle to remain in contention for the IPL Play-offs when they take on Kings XI Punjab in a do-or-die battle, here tomorrow.

Three consecutive defeats have more or less sealed their fate and for things to turn around for the Royals, every aspect of their game needs to improve and click for them.

They are taking on Punjab, placed third in the table, just a day after losing to them by six wickets in Indore, where neither the bowlers nor the batsmen could do a convincing job.

Nothing has gone right for the winners of the inaugural edition of the IPL, who lost their pillar -- Australian Steven Smith -- to ball-tampering scandal.

The lackluster performance by their batsmen and bowlers have landed them in a position where they need to win all their remaining games and also pray for favourable results in order to qualify for the play-offs.

The hosts are back on their home turf, where they have recorded two of their three victories, but they need to start afresh.

Three consecutive defeats, including a narrow one against Delhi Daredevils, has left them demoralised and their mentor, the legendary Shane Warne, too wore a dejected look in the dugout from where he saw



the Royals miss out on half chances.

Average performance by captain Ajinkya Rahane and below-par show of English all-rounder Ben Stokes and Rahul Tripathi has hurt them badly and the hosts need all these batsmen to fire.

West Indian bowler Jofra Archer, though, has been impressive and the only saving grace for them while expensive pacer Jaydev Unadkat has been a complete let-down, taking just seven wickets at a poor 9.86 economy rate.

On the other hand, the visitors are back to winning ways after an emphatic triumph over the Royals and

would look to consolidate their position in the top-four. Punjab can even take the second place if they win tomorrow, provided they improve their NRR.

Though they rely heavily on good partnerships between Chris Gayle and KL Rahul the likes of Mayank Agarwal, Karun Nair and Marcus Stoinis have been able to contribute handsomely.

Their bowling too has the variety with old warhorse R. Ashwin, Axar Patel and the new sensation from Afghanistan, Mujeeb Ur Rahman, proving more than handful for the opponent.

Teams (from)

Rajasthan Royals: Ajinkya Rahane(c), Ben Stokes, Stuart Binny, Sanju Samson, Jos Buttler, Rahul Tripathi, D Arcy Short, Krishnappa Gowtham, Jofra Archer, Dhawal Kulkarni, Jaydev Unadkat, Ankit Sharma, Anureet Singh, Shreyas Gopal, Prashant Chopra, Sudheshan Midhun, Ben Laughlin, Mahipal Lomror, Aryaman Birla, Jatin Saxena, Dushmantha Chameera, Heinrich Klaasen, Ish Sodhi.

Kings XI Punjab Ravichandran Ashwin(c), Axar Patel, Yuvraj Singh, Karun Nair, Lokesh Rahul, Chris Gayle, David Miller, Aaron Finch, Marcus Stoinis, Mayank Agarwal, Ankit Rajpoot, Manoj Tiwary, Mohit Sharma, Mujeeb Ur Rahman, Barinder Sran, Andrew Tye, Akshdeep Nath, Ben Dwarshuis, Pardeep Sahu, Mayank Dagar, Manzoor Dar.

KUTSE SHEGU

The 49th Kutse SHEGU of former Mangan **SHO late. Karma Denzongpa** who left for heavenly abode on 21st March 2018 falls on **8th May 2018**. All relatives, friends, and well wishers are requested to join us in offering prayers for the departed soul at our residence **Kesang Residency, Ranipool, Gangtok**. We also would like to take the opportunity o express our sincere gratitude towards all those who extended their support their support during the time of bereavement.

Tshering Doma Bhutia(wife), Kesang Choden Bhutia (daughter), Kunzang Tshering Bhutia (son) and all family members.

SummitTIMES

ON TOP OF THE NEWS

Traffic Jammed in Gangtok

Time to seriously ponder easing options

Commuting in Gangtok used to be comfortable only during holidays, but now the tourist season has snatched away even that weekly reprieve. Till a few weeks ago, traffic used to flow unhindered on Gangtok roads instead of snarling ever so often. The congestion on the roads had already become bad when it was just the office-goers who were flagging down taxis, but now there are tourists arriving by the jeeploads every hour even as another batch of commanders cabs to complete their sightseeing junkets. This leaves those who depend on share-cabs to get around town rather poorly serviced, but that challenge we leave for later.

Suffice it to say that traffic is a problem in Gangtok. The jams are becoming longer and denser and parking has emerged as a treasure-hunt for which no one has presented a practical conclusion. There is, after all, only so much road available to accommodate the march of vehicles which shows no signs of tapering off. What also continues to hamstring Gangtok when it comes to managing its traffic is the fact that most of the solutions that consultants could offer – like wider roads or bypasses or flyovers – are not possible for development here. The capital will have to work with the roads it already has, at least along stretches where most of the congestion takes place. There is no scope for widening roads and very limited options to create alternate routes. That said, there are still some options it could explore even when it comes to road usage and also some experiments it could try out.

Let us start with the situation shared at the start of this piece. The worst congestion on Gangtok roads during non tourist seasons is in the block from around 10 a.m. till around noon, the morning office rush hour. The jams standstill again once offices give over later in the afternoon. For anyone who sees traffic as a problem, this should then be the first situation to be addressed. One way to reduce the number of vehicles on the road at this time would be to increase and incentivize the use of office car pools. This option is already being used to some extent in government offices. However, not all government servants travel in their own vehicles or car-pools, and many use share cabs. Further, car-pooling serves only government servants, but government offices also attract lay people coming there, and they too mostly use share taxis. What could ease congestion would be the introduction of a good public transport shuttle during the peak rush hours. Before anyone points to the city runners as a public transport service already deployed, let's accept it that these are too few and too erratic in timing to be taken seriously as a solution at present. Traffic flows can be eased, and so congestion removed, with better information. Better information among commuters about how frequently buses will be available. Ply enough of them on the roads during rush hours, and inform the people about the frequency, and most would prefer buses to clambering for share-taxis at the designated stops.

Of course, since office hours trigger the biggest jams, the policy makers could also consider staggering the office hours so that the rush of office-goers is also spread out instead of being bunched together. But then again, for this solution to bear any results, the work culture will have to be much more consistent than the present trend of casual timings. But if this were to work, then the arrival of lay people to offices could also be spread out by appointing timings, say to two hours after offices open, for people to meet officers. This again, is not an easily enforceable option, but should maybe be tried only after the jams on the roads have become even worse... yes, things could get much worse still.

What the planners need to also ponder on is to make the link roads, like the one flowing through Arithang to the bypass or from ICAR to 5th Mile or the Paljor Stadium Road shooting down to bypass, more motorable and convenient for people to consider bypassing the gridlocked zones unless their destinations necessitate suffering through them. At present, the alternates are not even close to being convenient diversions and anyone who has to reach anywhere in Gangtok is forced to drive through the entire length of it. It goes without saying that if the driving surface was improved on the many feeder roads, more people would consider using them even if they were longer than that NH10 route.

Of course, there are more options that could be considered, and definitely many more, much better solutions that can be attempted, but let's take this as a starting point for more ideas to be voiced to do a better job of managing Gangtok traffic.

Toxin linked to motor neuron disease found in Australian algal blooms

BRENDAN MAIN
the conversation

Algal blooms in major Australian rivers are releasing a toxic chemical that may contribute to the development of motor neuron disease (MND).

My colleagues and I tested algae from waterways in New South Wales, and found that a neurotoxin called BMAA was present in 70% of samples, including those from crucial water sources such as the Darling and Murrumbidgee rivers.

This compound is well known overseas, and has been found in waterways in the United States, Europe, Asia, and the Middle East. But this is the first time it has been detected in Australia. Although its presence has been suspected, it was never specifically tested until now.

Two samples containing BMAA were collected from the Murrumbidgee River, which runs through the NSW Riverina, a hotspot for MND in Australia. Positive samples were also collected in Centennial Park and Botany wetlands in central Sydney, as well as Manly Dam on Sydney's Northern Beaches.

In the past 30 years, Australian rivers have had the dubious honour of hosting some of the largest algal blooms in history. In 1991 a bloom stretched along more than 1,200km of the Darling River, prompting the New South Wales government to declare a state of emergency. The army was mobilised to provide aid to towns.

Since then, southeast Australia has had four large blooms, most recently in 2016. The future isn't promising either. Rising water temperatures mean blooms are likely to increase in frequency and duration in the future.

Multiple state agencies monitor populations of types of bacteria in Australia, regularly testing water quality and issuing alerts when blooms are present. This testing is necessary because of the impressive number of toxins that cyanobacteria can produce, ranging from skin irritants to liver and neurological toxins. Most of these compounds are relatively fast-acting, meaning that their effects take hold rapidly after exposure.

The neurotoxic compound BMAA, however, is not currently part of regular testing, despite links between long-term exposure to algal blooms and the development of diseases such as MND. BMAA is known to be produced by a type of freshwater and marine bacteria, as well as some species of algae.

HOW BMAA AFFECTS OUR HEALTH

Research in America found that regular participation in water-based recreational activity resulted in a threefold increase in the risk of developing MND. Satellite mapping also revealed that lakes prone to algal blooms were often surrounded by clusters of MND patients.

Southwestern NSW has become a focus for MND researchers since 2014, due to the presence of a hotspot for MND cases around the Riverina. The town of Griffith has reported a prevalence of this disease that is nearly seven times higher than the national average of 8.7 cases per 100,000 people. Hotspots like these can help researchers identify environmental factors that contribute to diseases.

This is particularly important in MND, in which only 5-10% of patients have a family history. The other 90-95% of cases are sporadic, occurring without warning. It is possible that BMAA expo-



sure, in association with genetic, or other environmental risk factors, contributes to the high incidence of MND in the Riverina.

BMAA also has a similar structure to the amino acids that make up the proteins in our body. We hypothesise that this contributes to its toxicity and ability to build up in animal tissue and in plants that are exposed to contaminated water.

Similar to mercury, BMAA can accumulate in the food chain, which means that people could be consuming relatively large amounts of it through their diet. A US animal study found that dietary exposure to BMAA resulted in the formation of plaques and protein tangles in the brain, which are hallmark features of neurodegeneration.

TINY AND TOXIC

The toxins produced by some blue-green algae can affect the nervous system, the liver and kidneys, or be toxic to cells more generally. Humans can be affected by drinking contaminated water or eating affected shellfish. Direct contact with water can also cause itching and rashes. Worse still, the toxins can remain in the water even after the blue-green algae themselves have vanished - in some cases for weeks, depending on the conditions.

Larger blooms tend to occur where there is an excess of nutrients, often the result of fertiliser runoff from intensive agriculture or other degradation of the catchment system. This means that, throughout Australia, the potential for blooms is increasing.

Water temperature also influences algal blooms, for two reasons. First, blue-green algae grow faster in warmer water and, second, warmer temperatures increase "thermal stratification", in which a warmer surface layer overlies deeper, cooler water. Stratification allows cyanobacteria to flourish in the warmer sunlit surface waters because of their unique ability to make themselves float.

So how do you steer clear of blue-green algae? The obvious tips are to avoid drinking untreated water from still, calm water bodies, and to be mindful of children or dogs playing by the water.

Green surface scum is the most obvious tell-tale sign of an algal bloom, but not all species of cyanobacteria form scums. Discolouration of the water, particularly a green colour, can also indicate the presence of blue-green algae. Some species, such as Microcystis, give off a distinctive odour, although some other blue-green algae also create musty-smelling chemicals that are non-toxic.

It is comforting to know that if water quality is at risk, your local water authority is probably on top of it already, and will typically erect warning signs each summer. Many lakes and reservoirs are routinely closed for recreational use to protect the public from toxic blooms during the hotter months.

BLOOMING HOT

The forecast hot, dry summer is likely to be a boon for blooms, given that blue-green algae prefer warm, still water. This means that areas that typically get algal blooms might find they

are bigger and longer-lasting this summer. In Australia's southern states, the blooms might also start earlier in the summer and last longer into autumn.

But the scale of blooms also depends on nutrients, so reducing the amount of nutrients that are washed off the land during rainfall events can provide a way of controlling them. This can be done by reducing land degradation, for example, reducing erosion, creating vegetation buffer zones along river banks, and avoiding excessive fertiliser use.

Some of these processes will take time to implement and therefore won't help us this summer. But combating cyanobacteria in the longer term will help to protect the environment, allow continued recreational use of water and, most importantly, protect our precious drinking water.

Research now needs to focus on tracking and monitoring algal blooms to detect the presence of BMAA, and determining how long it remains in the ecosystem after these blooms occur.

This can potentially help to reduce human exposure to BMAA. Although the factors that cause MND are many and varied, we hope this understanding could ultimately help to reduce the number of people who develop the disease.

As the Bureau of Meteorology has already warned us, Australia is in for a hot, dry summer as the current El Niño takes hold. Those conditions are ideal for blue-green algae to bloom in lakes, ponds and reservoirs.

Photosynthesising bacteria, also known as cyanobacteria, are found in all aquatic environments from the tropics to the poles. Most species have no adverse impact on the environment, but a few have nastier effects, and some are toxic to humans and animals.

Blue-green algae can form vast "blooms", some large enough to be seen from space. In the Australian drought summers of 2009 and 2010, for example, hundreds of kilometres of the Murray River suffered major cyanobacterial blooms, which hampered the use of water for drinking, agriculture and recreation.

These blooms occur mostly in still water bodies and can be found throughout Australia. Some blue-green algae form visible surface scums, while others remain hidden in the water column. Some live in freshwater; others float in the open ocean or even live on the sea bed.

[Brendan Main is a PhD candidate in University of Technology Sydney]

Every cancer patient should be prescribed exercise medicine

PRUE CORMIE
the conversation

Every four minutes someone in Australia is diagnosed with cancer. Only one in ten of those diagnosed will exercise enough during and after their treatment. But every one of those patients would benefit from exercise.

I'm part of Australia's peak body representing health professionals who treat people with cancer, the Clinical Oncology Society of Australia. Today we're joining 25 other cancer organisations to call for exercise to be prescribed to all cancer patients as part of routine cancer care.

Published today in the Medical Journal of Australia, our plan is to incorporate exercise alongside surgery, chemotherapy and radiotherapy to help counteract the negative effects of cancer and its treatment.

WHAT ARE WE CALLING FOR?

Historically the advice to cancer patients was to rest and avoid activity. We now know this advice may be harmful to patients, and every person with cancer would benefit from exercise medicine.

Most doctors and nurses agree exercise is beneficial but don't routinely prescribe exercise as part of their patients' cancer treatment plan.

It is our position that all health

professionals involved in the care of people with cancer should:

1. view and discuss exercise as a standard part of the cancer treatment plan
2. recommend people with cancer adhere to exercise guidelines
3. refer patients to an exercise physiologist or physiotherapist with experience in cancer care.

WHY PRESCRIBE EXERCISE?

Cancer patients who exercise regularly experience fewer and less severe side effects from treatments. They also have a lower relative risk of cancer recurrence and a lower relative risk of dying from their cancer.

If the effects of exercise could be encapsulated in a pill, it would be prescribed to every cancer patient worldwide and viewed as a major breakthrough in cancer treatment. If we had a pill called exercise it would be demanded by cancer patients, prescribed by every cancer specialist, and subsidised by government.

Cancer and its treatment can have a devastating effect on people's lives, causing serious health issues that compromise their physical and mental well-being.

Research shows exercise can help cancer patients tolerate aggressive treatments, minimise the physical declines caused by cancer, counteract cancer-related fatigue, relieve mental

distress and improve quality of life.

When appropriately prescribed and monitored, exercise is safe for people with cancer and the risk of complications is relatively low.

Implementing exercise medicine as part of routine cancer care not only has the potential to change people's lives but to also save money. People with cancer who exercise have lower medical expenses and spend less time away from work.

WHAT EXACTLY SHOULD BE PRESCRIBED?

Exercise specialists can prescribe exercise in a similar way that doctors prescribe medications; by knowing how cancer impacts our health, and understanding how certain exercises improve the structure and function of the body's systems.

These individualised programs involve specific types of exercises, performed at precise intensities and volumes based on a mechanism of action and dosage needed to counteract the negative effects of cancer.

The evidence-based guidelines recommend people with cancer be as physically active as their current ability and conditions allow. For significant health benefits, they should aim for:

1. at least 150 minutes of moderate intensity aerobic exercise weekly (such as walking, jogging, cycling, swimming)

2. two to three resistance exercise session each week involving moderate to vigorous intensity exercises targeting the major muscle groups (such as weight lifting).

These recommendations should be tailored to the individual's abilities to minimise the risk of complications and maximise the benefits.

HOW WILL PATIENTS FILL THE PRESCRIPTION?

Getting this much exercise may seem out of reach for many people with cancer. But exercise specialists who have experience in cancer care can help. They'll design an individual program based on the patient's disease, how they've responded to treatment and the anticipated trajectory of their health status.

Online directories can help find accredited exercise physiologists and physiotherapists practising nearby. These services are eligible for subsidies through Medicare and private health insurance.

Or patients can opt for structured cancer-specific exercise medicine programs such as EX-MED Cancer, which I lead. Such programs are designed to maximise the safety and effectiveness of exercise medicine for cancer patients.

[Prue Cormie is the Principal Research Fellow in Exercise & Cancer, Australian Catholic University]

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60 Chinese universities to hold expo in city

KOLKATA, MAY 7 (PTI): A total of 60 universities from several provinces and municipalities of China would hold the first education expo in the city from May 10 to May 11.

The expo would be held against the backdrop of China deciding to open up more to other countries, both in the fields of education and business exchanges, consul general of PRC in Kolkata, Ma Zhanwu said.

He said the event would take place following the successful meeting between Indian Prime Minister Narendra Modi and Chinese Premier Xi Jinping at Wuhan recently.

The list includes renowned universities like Nanjing University, Northwest University and Northeast Normal University, among others.

Zhanwu said Indian students seeking admission in these universities would be able to choose from 100 major subjects.

On bilateral business ties, he said exchanges would increase after the construction of the BCIM economic corridor is complete.

Asked about West Bengal Chief Minister Mamata Banerjee's visit to China, Zhanwu said the details were being worked out.

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Arunachal revenue generation outstanding in last few years: CM

ITANAGAR, MAY 7 (PTI): Arunachal Pradesh Chief Minister Pema Khandu today said that the revenue generated by the state government in the last few years has been "outstanding".

Khandu said measures adopted by his government to streamline finances resulted in higher revenue generation of Rs 1,253 crore in the 2017-18 fiscal, compared to Rs 900 crore in 2016-17.

"We generated Rs 300 crore more than the previous year immediately after we came to power. This fiscal year, we generated Rs 1,600 crore and in the next (2018-19), we aim to cross Rs 2,000 crore.



"Such a growth trajectory has never been witnessed since the inception of the state," he said, addressing a develop-

mental meeting at Dirang in West Kameng district yesterday, according to an official release.

He said the Tripu-

ra government is committed to decentralise the administration, and therefore, set up divisional commissioner offices

for Western and Eastern zones, besides zonal offices of all line departments.

Khandu said the formulation of schemes and projects are also being decentralised, and henceforth, such programmes would be decided at the district level through consultations and forwarded to the state government, the release said.

"The government is processing to constitute a staff selection board to bring in fair and impartial recruitment system that will be mandated to conduct recruitment of all Group C posts... The SSB will plug all practices of illegal or 'back door' appointments," the CM said.



BJP charge of TMC threat to me baseless, says SEC

KOLKATA, MAY 7 (PTI): West Bengal State Election Commissioner A K Singh today described the allegations that he had received threats from the ruling Trinamool Congress (TMC) as 'completely baseless'.

"Yesterday a political party claimed that I have received death threats from the ruling TMC. I want to say it clearly that I have never ever received any such threat from any political party. The allegations are completely baseless," Singh told reporters here.

His comments came a day after BJP national secretary Rahul Sinha alleged that Singh has been receiving threats from the TMC over conduct of panchayat polls, and his mobile phone was being tapped and land line calls

were recorded.

The SEC said, "This is just an allegation. Some people don't have control over their tongues. I have not decided on whether to take action against it or not."

Singh said if he ever received such a threat, he will lodge a police complaint.

He also denied Sinha's claim that his conservation with other political parties are being recorded.

The SEC has been facing the flak of the opposition parties over violence during the panchayat poll nomination process. The opposition parties have even accused Singh of working on behalf of the TMC and the state government and demanded his resignation. The SEC has denied the charge.

Conrad Sangma hopes his party will win Ampati by-election

SHILLONG, MAY 7 (PTI):

Meghalaya Chief Minister Conrad K Sangma today said his party, the NPP, will win the Ampati Assembly seat in the upcoming by-election, as the party's recent victory in Williamnagar will have an effect on it.

The National People's Party (NPP) candidate Marcuis Marak won the Williamnagar seat by a margin of nearly 5,000 votes in the by-election held on April 27.

The result was declared on May 1. "That will definitely have an impact in the Ampati by-election scheduled to be held on May 28," Conrad K Sangma, who is also the NPP chief, told media-persons here.

Polling for the Williamnagar seat was postponed following the death of NCP candidate Jonathone N Sangma



in an IED attack on February 18, days before the February 27 Assembly elections in the state.

"People wanted a change, the change has come and we want to take it to the next level," he said.

The Congress was in power in Meghalaya since 2003 and Conrad Sangma's the National People's Party (NPP) won 19 seats in the recently held As-

sembly polls and cobbled up a coalition govern-

ment in the state with the support of other regional parties, the BJP and an Independent MLA.

The NPP chief also said that the party is likely to field Clement G Momin from the Assembly constituency.

The Ampati Assembly constituency was left vacant after the former chief minister Mukul Sangma contested and won from two seats - Ampati and Songsak in the February 27 elections.

He later resigned from Ampati.

SC asks K'taka police to grant protection to woman married off without consent

NEW DELHI, MAY 7 (PTI): The Supreme Court today came to the rescue of a Karnataka politician's 26-year-old daughter, who has been married off by her family allegedly without her consent, and asked the state police to provide her security, after she claimed there was a threat to her life from her kin.

The woman, a computer engineer who was named Ms 'X' in the plea, appeared before a bench headed by Chief Justice Dipak Misra and submitted that her marriage be set aside as she did not consent to it and that she be granted protection as she wanted to pursue further studies and job in Bengaluru.

The bench, also comprising justices A M Khanwilkar and D Y Chandrachud, said that it has already made clear that it will not deal with the constitutionality of the provisions of the Hindu Marriage Act and validity of her "forced marriage".

The bench, however, considered the plea of woman for grant of security and asked the Karnataka police to provide it to her at Bengaluru where she would be residing for work and further studies.

"You (woman) are a major. You are independent to go wherever you want to go," the bench said, adding that nobody, including her family members and the husband, can force or coerce her.

It considered the submissions

of senior advocate Indira Jaising, appearing for the woman, who had requested that the her identity and that of her family not be disclosed, that her parents be asked to give back the documents like educational certificates, Aadhaar card and passport.

Jaising, who initially sought setting aside of marriage on the grounds of lack of consent, later said that the woman would be pursuing the remedy for dissolution of marriage at an appropriate forum.

The bench then discharged Delhi police and the Delhi Commission for Women, which were granting protection and pursuing her case respectively, of their responsibility as the woman said that she would be going back to Karnataka.

Earlier, the apex court had asked the Centre and the Delhi Police to grant her protection during the stay in the national capital.

The woman had sought striking down of sections 5 and 7 of the Hindu Marriage Act (HMA) to the extent that they fail "to prescribe free, fair, valid prior consent of the parties to a marriage".

"We can deal this petition as habeas corpus petition only. We will not get into the constitutional validity of the provisions of the HMA," the bench had said.

The woman had sought quashing of her marriage conducted on March 14, 2018 on the grounds that it was solemnised without her

free, fair and valid prior consent by her family members.

The court had said such a declaration that lack of explicit consent would render the marriage invalid can be decided through appropriate proceedings emanating from family court.

She had claimed that her fundamental right to choose her life partner, has been brazenly trampled by her "family members, who in connivance with each other, have coerced, threatened, blackmailed, harassed, pressurized, abused, compelled and tricked her into getting married to the man, against her wishes and free consent".

The woman had also claimed that she had escaped from the "clutches of her abusive family in Karnataka" and reached Delhi and further sought direction to the authorities from the apex court to provide her adequate security in order to safeguard her life, liberty and limb which was under threat from her own family members who are politically active in Karnataka.

She had also said her family's conduct was indicative of resulting in the ghastly act of 'honour killing' as she wanted to get married to a person outside her caste.

The woman, an engineer by profession, alleged that she was forced to discontinue her studies in January this year as her parents forced her to marry against her wishes.



Chhetri calls for away matches against tougher opponents ahead of Asian Cup

GURUGRAM, MAY 7 (PTI): Indian football team captain Sunil Chhetri said on Sunday that the country should play more international matches away from home and against much stronger opponents in the next six months if it is to do well in the AFC Asian Cup tournament.

Chhetri said his team needs the best of preparations to make it count in the January 5 to February 1 event in the United Arab Emirates next year after crashing out of the group stage in the 2011 edition -- the last time India played in the prestigious event -- by losing all their matches with big margins.

"What I'm looking forward is winning games outside the country which is very important. Our home record is fairly good but outside home we have really struggled. I just hope in the next six months we get more away games against much better opponents so that we can test ourselves. What we are facing (in Asian Cup) are the best in Asia," Chhetri said.

The prolific striker's remarks make sense as India has done badly against the continent's top opponents away from home during the 2018 World Cup qualification campaign, which preceded the Asian Cup qualification rounds.

India had lost to Iran, Oman, Turkmenistan and even to Guam in their away matches of the World Cup qualifiers. The Stephen Constantine-coached side won just two matches out of 10 World Cup qualifiers.

Chhetri, who turns 34 this August, does not agree with the view that India has got an easier group this time as compared to the 2011 edition where the country was clubbed with Asian powerhouses Australia and South Ko-



rea as well as Bahrain. This time, India has been grouped with UAE, Thailand and Bahrain.

"If you say it can be easier because we are doing well that can be a valid point. But we can't say it is UAE, Thailand and Bahrain and so it is easier. Only because we are not facing Australia and South Korea people think it's going to be easy. It is not," he said on the sidelines of an initiative by KIA Motors India to select two school children as official match ball carriers for the upcoming World Cup in Russia.

"UAE is ahead of us and they are playing at home. Thailand is the most improved side in Asia in the last six years. We played against Thailand in six-seven years ago and it was a 2-2 draw. They are competing with the best in Asia. Australia and Japan are finding difficult to beat Thailand."

Nonetheless, the star striker said his team "should look to take maximum points in their first match" if they they want to proceed further in the tour-

nament. India play Thailand in their opening match on January 5 in Dubai.

Chhetri also said that the impressive run in the Asian Cup qualifying campaign, during which India had a 13-match unbeaten run, will count for nothing in the main round. The impressive run had contributed to India returning to top 100 in FIFA rankings after a long time.

"I am happy with the kind of performance we have put into. But I don't give too much importance to FIFA rankings. We have broken inside top 100, but the way rankings work is very tricky. What we have to deal with is a much bigger stage and it will not help by what we have done before," he said.

Chhetri will, no doubt, be playing in his last Asian Cup next year and he will be the only Indian to have played in two editions of the continental showpiece. He scored two goals out of three by his team in the 2011 edition in Doha.

He has donned India jerseys 97 times so far and his 100th match is expected to come up during the four-team Intercontinental Cup to be held from June 1 in Mumbai, which will also involve South Africa, New Zealand and Chinese Taipei.

"It has been an unbelievable ride. I started out from Delhi and the only reason why I wanted to play India U-17 was to get a certificate to get into St. Stephen's (college). Whatever I have achieved now is something I have never dreamt of. I am living a dream and I am really happy about it. I could not have asked for anything more."

Chhetri's club Bengaluru FC nearly won Indian Super League in their debut season, only to lose to Chennaiyin 2-3 FC in the summit clash. He said that the final loss still hurts him and his club-mates.

"I don't want to be cry baby now and we knew the ISL format. But to win the league the way we did with 40 points, I don't want to use the words

smashing but we dominated everyone. And to lose the final because of two corners, which was our mistake, still hurts.

"After we won the Super Cup (in Bhubaneswar) we were happy but that happiness went out in half an hour and we started remembering how we missed to mark (our opponents) in that two corners in the ISL final. Those two corners still haunt all of us."

Bengaluru FC, established in 2013, are currently in a difficult position to qualify for the knockout round of AFC Cup after losing 0-2 to New Radiants of Maldives in Male in a group match. "In that match, we did not turn up at all. I think that was the worst match Bengaluru played in the five years (of existence).

"There were three bad games the whole season. One was against Delhi Dynamos which we totally dominated but still lost. The second is ISL final match against Chennaiyin and third AFC Cup match in Male," he said.



Global quantity of plastic in oceans to nearly double to 250

KOCHI, MAY 7 (PTI): About eight million tonnes of plastic end up in the oceans each year and the global quantity will nearly double to 250 million tonnes by 2025, says a new analysis paper.

The new International Union for Conservation of Nature (IUCN) co-authored analysis paper, released recently, warned that the 'plastic soup' contains toxic chemicals, which could pose risks to marine species and humans.

It said reliable quantitative estimations of input loads, sources and originating sectors represent a significant knowledge gap, "but it is suggested that every year almost eight million tonnes leak to the ocean."

It said estimates are that oceans may already contain over 150 million tonnes of plastic, of which around 250,000 tonnes, fragmented into five trillion plastic pieces, may be floating at the oceans' surface.

"It has also been estimated that the global quantity of plastic in the ocean will nearly double to 250 million tonnes by 2025, which likely also represents a pollutant load of millions of tonnes of chemical additives," it said.

Marine species ingest potentially contaminant-ed plastics directly, and by eating contaminated prey, says the paper titled 'Marine litter plastics and microplastics and their toxic chemicals components: the need for urgent preventive measures'.

"Seabirds are particularly vulnerable, with studies showing the presence of additives used as flame retardants in plastics, as well as foams and textiles, which were discovered in their stomachs and fatty tissue," said the paper, published in Environmental Sciences, Europe.

The paper said that at a global level, United Nations Environment Programme (UNEP) has estimated the economic impact of marine plastics (excluding microplas-tics), including losses in-

curred by fisheries and tourism due to plastic littering, as well as beach clean-up costs, at around USD 13 billion per year.

"Looking at the scale of the marine plastic problem today and at the projections for future growth in production of plastic globally, it is clear we are in the midst of a major crisis," said Carl Gustaf Lundin, Director of IUCN's Global Marine and Polar Programme.

Ludin said urgent action was needed to reduce toxic chemicals leaching into oceans from plastic.

To reduce amount of contaminants in marine plastics, the authors recommend addressing issues in the life-cycle design of plastic products and creating products that minimise use of hazardous substances, an approach known as 'green chemistry'.

They also concluded that the development of best practice codes for industry is likely to be more efficient than relying on 'end-of-pipe' solutions; and existing scientific evidence and precautionary principles should drive action from scientists, industry, policy and civil society to curb leaking of plastics into the marine environment in the short term.

"Societies need to act at multiple levels," said Joao Sousa, IUCN Project Manager for Marine Plastics, co-author of the report.

"Developed countries need to identify and adopt less harmful production processes and promote alternatives, whilst sound waste management and awareness-raising should be the main priority for developing nations," said Sousa.

The paper was authored by members of a working group associated with the Stockholm and Basel Conventions multilateral environmental agreements aimed at protecting human health and the environment from hazardous chemicals and wastes and other authors.

Aditi finishes T-6th for second Top-10 in a row on LPGA

TEXAS (US), MAY 7 (PTI): Young Indian golfer Aditi Ashok notched up her second successive top-10 finish by finishing Tied-sixth at the Volunteers of America LPGA Texas Classic, here.

The tournament, cut short to 36 holes because of rain and weather, had Aditi setting the clubhouse target as she played her second and final round in 5-under 66 to finish at 7-under 135.

The event was shortened to 36 holes due to severe weather on Thursday and Friday.

This was Aditi's second top-10 in a row after her Tied-seventh at LPGA Mediheal last week. Before that her two best finishes this season were T-14 at Kia Classic and T-19 at Hugel-JTBC La Open.

Later in the evening, Sung Hyun Park showed why she is one of the stars to watch this season as she went on to win the tournament by coming good in clutch situations.

Aditi, who shot 69 in the first round also played 14 more holes of her second round on Saturday



itself for a total of 32 holes. On Sunday she played her four holes with one birdie and on Par-5 15th and three pars to finish the round in 66.

Aditi's 7-under target came over two hours before Park began so she knew exactly what was needed to capture her third career LPGA win. Her first big step was a long chip in from just off the green at fourth for eagle to jump into a share of the lead. The second was

her last shot of the day, when she was on 10-under: Park chipped in for birdie from right of the green to finish at 11-under.

Park's short game was magnificent this week as she took 24 putts in round one and 28 in round two.

Lindy Duncan finished birdie-birdie about 45minutes after Park had finished to post 10-under. The chip-in turned out to be the shot that won Park the tournament.

Iyer may replace Kohli for Afghan Test, Prithvi, Mavi for India A tour

BENGALURU, MAY 7 (PTI): Virat Kohli's maiden county sojourn might pave the way for Shreyas Iyer entry into the Indian squad for the one-off Test against Afghanistan starting June 14, when the national selection committee meets to pick a host of squads here tomorrow.

Kohli, who will be playing for Surrey for the entire month of June, will also miss the two T20 Internationals against Ireland in Dublin at the end of that month.

While Ajinkya Rahane is set to lead the Indian team for the Test match, Rohit Sharma is likely to be in-charge during the Ireland leg with Kohli taking over at the start of July,

a BCCI official told PTI.

Cheteshwar Pujara and Ishant Sharma are expected to come back from England after Yorkshire's away game against Surrey at the Oval from May 11-14. Yorkshire's next match is on June 20 against Hampshire. "There was a bit of wire communication in some sections of media. Pujara was always going to play the Test match against Afghanistan. Ditto for Ishant Sharma, who doesn't have a game for Sussex after his next match against Kent from May 11-14. Both are not playing any Royal London Cup matches during that phase," the BCCI official said.

Robin Williams suffered from dementia in his last days, says book

NEW YORK, MAY 7 (PTI): Oscar-winning actor Robin Williams was struggling from diffuse Lewy body dementia in his last days, a new book has revealed.

In a soon-to-be-released biography, titled "Robin", author Dave Iitzkoff says the actor did not have Parkinson's disease, as he was diagnosed earlier, New York Post reported.

The actor, who had started having troubles with speech and behavioural dysfunction, did not know he was suffering from the neurodegenerative disease.

It was only three months after his death that the autopsy results revealed that he had "diffuse Lewy body dementia".

The inability to express himself, a rarity for one of the most spontaneous performers on-stage and on screen, was eating Williams from the inside during the filming of "Night at the Museum: Secret of the Tomb", the third movie in the successful family franchise in Vancouver in 2014.



The actor committed suicide at the age of 63 on August 11, 2014.

The author spoke to people close to Williams to piece together the actor's

troubled last year.

Williams was having trouble remembering his lines while he was filming Night at the Museum: Secret of the Tomb, the

third movie in the franchise.

Make-up artiste Cheri Minns recalled the actor would cry unstopably in her arms.

"He was sobbing in my arms at the end of every day. It was horrible. Horrible. I said to his people, 'I'm a makeup artist. I don't have the capacity to deal with what's happening to him'," she says in the book.

Minns even asked the actor to return to stand-up comedy

to get back his confidence but he just cried and said, "I can't, Cheri. I don't know how anymore. I don't know how to be funny."

The actor's third wife, Susan Schneider, said he started complaining about an array of symptoms: indigestion, trouble urinating, insomnia, loss of his sense of smell and heartburn. A slight tremor cropped up in his left hand, which was attributed to a shoulder injury.

"It was like playing whack-a-mole. Which symptom is it this month? I thought,

is my husband a hypochondriac? We're chasing it and there's no answers, and by now we'd tried everything," Schneider says in the book.

Billy Crystal, Williams' old friend, described the actor looking frail and "uncharacteristically quiet" when he saw him after a four-month gap.

Crystall recalls when they said their goodbyes after dinner, the actor burst into tears.

"What's the matter?" Crystal asked.

"Oh, I'm just so happy to see you. It's been too long. You know I love you," Williams said to him.

Williams, a four-time Oscar nominee, won a supporting actor Oscar for "Good Will Hunting" for his portrayal of a wise and morose psychologist.

One of the most beloved artistes of his generation, he featured in films such as "Mrs Doubtfire", "Dead Poets Society" and "Patch Adams".

Afghan officials working with tribal elders to rescue abducted Indian engineers

KABUL, MAY 7 (PTI): Security officials in Afghanistan are working with local tribal elders to trace the seven Indian engineers abducted by the Taliban gunmen in the restive northern Baghlan province, media reports said today.

Provincial police spokesman Zabiullah Shuja said the Indian engineers of KEC International, an RPG group company, were working on a project for the construction of a power sub-station.

They were abducted by the militants from the vicinity of Cheshma-e-Sher area yesterday while they were travelling to inspect the work progress.

Shuja said the Afghan driver of the engineers is also missing and an operation is underway for their release, according to media reports.

The security officials in the province said efforts are under-



way by the Afghan forces and the government officials as well as the local tribal elders for the release of the Indian engineers.

Provincial governor Abdul Nemati said the security forces and the local officials are busy tracking the missing engineers and their driver.

He said apart from the security forces and the government officials, the local tribal elders have also stepped up efforts for the release of the Indian nationals.

Nemati assured that the missing Indian engineers and their driver will be released soon. Baghlan Governor had yesterday said the terror group had abducted the Indian engineers and their driver, believing they were government employees.

No group has, however, claimed responsibility for the abduction.

The External Affairs Ministry had said in New Delhi it is in touch with authorities in Afghanistan.

Many of the earlier abductions in the war-torn country have been linked to Taliban.

In 2016, 40-year-old Indian aid worker Judith D'Souza was kidnapped in Kabul. She was released after 40 days.

India has provided at least USD 2 billion aid to Afghanistan for the economic development of the war-torn nation.



Vladimir Putin sworn in as president for fourth term

MOSCOW, MAY 7 (AFP): Vladimir Putin was sworn in as Russia's president for a fourth term at a ceremony in the Kremlin today, extending his almost two-decade rule by another six years.

"I consider it my duty and my life's aim to do everything possible for Russia, for its present and for its future," Putin said, with his hand on the Russian constitution.

Putin, in power since 1999, was predictably re-elected in Russia's March presidential election with 76.7 percent of the vote.

"I strongly feel conscious of my colossal responsibility," Putin said at the ceremony before thanking Russians for their "sincere support" and "cohesiveness".

"We have revived pride in our fatherland," Putin said.

"As head of state I will do all I can to multiply the strength and prosperity of Russia." Earlier Russian state television showed Putin walking to his new Russian-made presidential limousine that drove him to the lavish ceremony.

Picasso's portrait of mistress to be auctioned after 20 yrs

LONDON, MAY 7 (PTI): Spanish artist Pablo Picasso's 1932 portrait of his mistress and muse Marie Therese will go under the hammer at Sotheby's 'Impressionist and Modern Art Evening Sale' in London on June 19. Painted during Picasso's 'year of wonders', 'Buste de femme de profil. Femme crivant', a monumental, yet remarkably tender and intimate painting of Marie Therese absorbed in the act of writing, will be unveiled in public for the first time in two decades.

The estimated price of the artwork is "in the region of \$45 million" (Rs 30.2 crores approx).

In the painting, his muse, who he first met in 1927 as a girl of seventeen, "awake or asleep, writing or reading, appears in manifold guises throughout Picasso's oeuvre", evoking a private moment from what became a decade long affair between the two.

Marie Therese's unmistakable profile and sweep of blonde hair are silhouetted in front of a window at the Chateau de Boisgeloup, the grand house outside of Paris acquired by Picasso in 1930.

Her sensual curves are echoed by the diffused green light emanating from the gardens beyond the window the deliberate juxtaposition of the horizontals and verticals of the window frame with the soft curves of her body masterfully emphasising her form.

"This tender and romantic vision of Marie-Therese is a remarkably intimate portrait of the woman who has come to embody the heart and soul of the most celebrated year of Picasso's oeuvre.

"Buste de femme de profil. Femme crivant" comes to auction having remained unseen in public for more than 20 years, marking the third consecutive season this year where an exceptional Picasso from the 1930s has headlined our flagship evening sale," Helena Newman, Global Co-Head of Sotheby's Impressionist and Modern Art Department and Chairman of Sotheby's Europe, said.



Islamic countries call Rohingya crisis 'ethnic cleansing'

DHAKA, MAY 7 (AP): A grouping of Islamic countries said Myanmar's treatment of Rohingya Muslims is a "serious and blatant violation of international law" and it is calling for international support in solving the crisis.

The Organisation of Islamic Cooperation issued a joint statement Sunday at the end of a two-day conference in Bangladesh, which has taken in more than 700,000 Rohingya who have fled violence in Myanmar since August.

The statement said the grouping will continue to work the UN and other global platforms to address the rights violations

taking place in Myanmar. The grouping echoed previous international statements saying ethnic cleansing is taking place in Myanmar.

Bangladesh Foreign Minister A.H. Mahmood Ali said delegates pledged solidarity with his country "in the face of the huge Rohingya influx with its humanitarian and security consequences."

Security forces in Buddhist-majority Myanmar launched a scorched-earth campaign in late August in response to attacks by a Rohingya insurgent group. Thousands of people are believed to have been killed in the crackdown, which many rights activists

believe was a calculated attempt to drive Rohingya from the country.

Rohingya are denied citizenship in Myanmar, where they have long faced persecution. Many in Myanmar see them as illegal migrants from Bangladesh, and deride them as "Bengalis." Most have long lived in poverty in Myanmar's Rakhine state, next to Bangladesh.

The hundreds of thousands who fled now live in squalid camps across the border in Bangladesh. The Bangladesh Red Crescent Society estimates that at least 100,000 refugees will be exposed to extreme dangers during the coming monsoon season.

NAGALAND STATE LOTTERIES

DEAR LOVING MORNING Draw Time : 11:55 am onwards Draw No:23 DrawDate on:07/05/18 1st Prize Rs.26.00 Lakhs/- 95D 68913 Cons. Prize Rs.9500/- 68913 (REMAINING ALL SERIALS) 2nd Prize Rs.9000/- 01886 06779 22566 28741 30976 38662 47633 70578 74080 91524 3rd Prize Rs.500/- 0436 1007 2682 4443 4494 5480 5728 8300 8772 9422 4th Prize Rs.250/- 0711 2309 2549 2625 3367 3483 4424 5366 8413 8683 5th Prize Rs.120/- 0006 0027 0102 0304 0527 0537 0611 0635 0750 0779 0890 0947 0971 1077 1103 1135 1367 1396 1417 1730 1921 2213 2510 2586 2680 2694 2696 2846 2965 2970 3027 3065 3129 3224 3353 3484 3523 3646 3666 3792 3868 3963 3978 4393 4565 4643 4715 4804 4932 4934 4946 4956 4961 5000 5091 5218 5246 5399 5527 5591 5641 5768 5888 5958 5971 5972 6034 6214 6286 6343 6813 6860 6937 7005 7009 7067 7444 7525 7982 8052 8158 8196 8209 8275 8641 8962 9349 9374 9389 9405 9457 9568 9610 9767 9789 9832 9881 9945 9955 9975	DEAR PRECIOUS Draw Time : 04:00 pm onwards Draw No:23 DrawDate on:07/05/18 1st Prize Rs.26.00 Lakhs/- 99G 89313 Cons. Prize Rs.9500/- 89313 (REMAINING ALL SERIALS) 2nd Prize Rs.9000/- 04011 06569 15227 45479 71948 74747 78654 80039 86256 87392 3rd Prize Rs.500/- 4533 4849 5827 6449 7352 7761 8721 9112 9450 9674 4th Prize Rs.250/- 0806 2451 2470 3136 3501 6029 6902 7492 8492 9960 5th Prize Rs.120/- 0175 0198 0257 0318 0375 0444 0518 0587 0683 0920 0999 1066 1125 1214 1260 1356 1423 1439 1488 1596 1601 1668 1826 2047 2375 2499 2510 2667 2746 3103 3141 3145 3192 3281 3487 3637 3718 3798 3850 3853 3934 4159 4540 4717 4722 4733 4795 4832 4837 4851 5023 5130 5221 5242 5264 5282 5308 5463 5593 5604 5665 5712 5720 6033 6105 6109 6217 6353 6515 6605 6844 6897 7039 7056 7071 7081 7093 7117 7197 7435 7678 7800 7982 8156 8217 8224 8527 8546 8547 8662 8785 8897 8913 9009 9020 9358 9587 9765 9790 9847	DEAR FLAMINGO EVENING Draw Time : 08:00 pm onwards Draw No:41 DrawDate on:07/05/18 1st Prize Rs.26.00 Lakhs/- 92I 61070 Cons. Prize Rs.9500/- 61070 (REMAINING ALL SERIALS) 2nd Prize Rs.9000/- 17677 25778 33086 41738 43721 61153 73848 83169 84867 98867 3rd Prize Rs.500/- 1068 2571 4249 5540 6814 6844 7116 7123 8005 9343 4th Prize Rs.250/- 0564 2589 3111 3196 5500 5812 6238 6387 7331 9609 5th Prize Rs.120/- 0095 0120 0129 0231 0451 0466 0477 0485 0519 0533 0565 0569 0670 0910 1078 1241 1346 1356 1517 1527 1568 1664 1681 1911 2035 2053 2079 2089 2338 2498 2719 2796 3061 3113 3198 3254 3265 3444 3480 3493 3571 3574 3603 3637 3735 3749 4105 4134 4222 4285 4324 4360 4613 4664 4678 4748 4965 5015 5095 5273 5373 5442 5840 5896 6110 6161 6720 6804 7016 7048 7052 7057 7125 7294 7302 7414 7674 7817 7993 8033 8140 8243 8412 8754 8817 8921 8978 9002 9062 9178 9188 9191 9215 9220 9359 9451 9454 9638 9989 9997 Issued by : The Director, Nagaland State Lotteries, Kohima, Nagaland For Result, Please Visit : www.nagalandlotteries.com
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MIZORAM STATE LOTTERIES

LABHLAXMI ARIES

Draw No:14 DrawDate on:07/05/18
1st Prize Rs.10,000/- 4309
2nd Prize Rs.1,000/- 1029 3rd Prize Rs.500/- 6793
4th Prize Rs.300/- 3332 5th Prize Rs. 200/- 4568
6th Prize Rs.100/-
1001 1037 1081 1101 1121 1144 1147 1197 1198 1238
1239 1242 1255 1322 1323 1337 1338 1345 1351 1396
1418 1434 1464 1475 1502 1506 1535 1544 1620 1677
1678 1696 1712 1720 1734 1746 1753 1755 1813 1883
1884 1892 1963 1974 2032 2083 2088 2116 2117 2120
2127 2130 2150 2177 2190 2192 2312 2389 2393 2423
2430 2436 2458 2475 2480 2496 2503 2504 2524 2534
2569 2615 2616 2641 2644 2655 2683 2688 2702 2713
2720 2812 2835 2867 2880 2909 2940 2944 2965 3038
3060 3141 3142 3185 3215 3238 3270 3292 3364 3369
3384 3394 3411 3415 3424 3452 3457 3469 3514 3523
3524 3535 3563 3585 3597 3627 3645 3652 3653 3735
3758 3777 3810 3836 3848 3869 3908 3910 3946 3979
4039 4069 4127 4172 4176 4199 4200 4204 4214 4239
4261 4281 4304 4306 4316 4395 4415 4471 4532 4535
4570 4612 4616 4646 4649 4722 4778 4831 4906 4919
4926 4951 4997 4999 5063 5079 5103 5109 5132 5143
5170 5209 5222 5223 5247 5255 5258 5284 5295 5318
5321 5329 5343 5344 5362 5375 5384 5398 5405 5410
5415 5419 5427 5460 5492 5497 5540 5563 5569 5597
5607 5628 5721 5730 5732 5740 5792 5805 5807 5843
5893 5918 5927 5935 5996 6019 6115 6220 6246 6388
6412 6431 6440 6465 6548 6607 6658 6663 6677 6699
6729 6753 6756 6759 6801 6805 6819 6891 6913 6968
Issued by :
The Director , Mizoram State Lotteries,
For result please visit: www.mizoramlotteries.com

ARUNACHAL PRADESH STATE LOTTERIES

MUMBAILAXMI RAM

Draw No:14 DrawDate on:07/05/18
1st Prize Rs.10,000/- 5424 2nd Prize Rs.2,000/- 4539
3rd Prize Rs. 1,000/- 4325 4th Prize Rs. 500/- 1584
5th Prize Rs.200/-
1117 1144 1164 1217 1314 1456 1499 1554 1571 1711
1712 1726 1740 1788 1849 1886 1919 1981 1990 1991
1993 2100 2114 2222 2289 2350 2370 2374 2448 2467
2546 2625 2703 2743 2866 2882 2946 2974 3126 3148
3190 3199 3202 3222 3232 3291 3325 3471 3544 3611
3620 3637 3713 3747 3793 3932 3934 4031 4059 4069
4148 4172 4205 4313 4361 4437 4489 4513 4546 4559
4605 4709 4730 4751 4774 4859 4942 4971 4992 5007
5024 5070 5114 5121 5141 5197 5281 5459 5496 5523
5604 5625 5643 5695 5755 5776 5811 5817 5824 5886
6th Prize Rs.100/-
1017 1019 1028 1036 1082 1122 1142 1148 1160 1162
1166 1178 1213 1225 1240 1249 1268 1287 1306 1347
1354 1356 1381 1396 1402 1412 1420 1448 1461 1467
1490 1504 1561 1578 1579 1649 1666 1700 1728 1729
1739 1747 1752 1778 1796 1827 1839 1862 1872 1874
1933 1938 1989 2019 2048 2083 2087 2119 2128 2138
2164 2172 2175 2190 2240 2278 2291 2297 2346 2362
2379 2401 2404 2409 2474 2480 2574 2578 2606 2659
2666 2679 2733 2746 2761 2791 2797 2815 2823 2841
2842 2854 2860 2910 2911 2952 2958 2969 2980 2991
2999 3004 3008 3080 3085 3089 3125 3147 3207 3218
3241 3319 3324 3329 3344 3413 3459 3504 3568 3569
3591 3619 3632 3658 3673 3687 3700 3706 3750 3760
3810 3817 3851 3854 3861 3947 3959 3993 4040 4064
4076 4098 4130 4133 4157 4164 4195 4237 4274 4348
4350 4360 4363 4402 4451 4467 4492 4520 4579 4637
4644 4672 4759 4798 4813 4831 4873 4929 4941 4944
4963 4968 4970 5031 5058 5098 5213 5220 5251 5306
5325 5396 5434 5489 5530 5543 5550 5553 5557 5568
5575 5591 5647 5666 5791 5890 5927 5951 5981 5991
Issued by :
The Commissioner,
ARUNACHAL PRADESH STATE LOTTERIES, ITANAGAR.



MOMMY AND ME! Khloe Kardashian was seen out with her bundle of joy True Thompson for the first time as she took the little one for a stroll through a Cleveland, Ohio park.

ADELE'S TITANIC THEMED 30TH BIRTHDAY, CHANNELS KATE WINSLET'S ROSE!

Adele turned 30 over the weekend and celebrated in epic fashion. The Hello hit-maker hosted a lavish Titanic themed party in Beverly Hills for her friends and family, dressing as Kate Winslet's character Rose from James Cameron's epic 1997 disaster movie.

The singer revealed the party was the "best night of her life" - but was definitely suffering from the after-effects of the alcohol-fueled celebrations the next day.

Adele took to her Instagram account to share a number of black and white images from inside the party, including one of her throwing shapes on the dancefloor wearing a life jacket. The British star looked incredible in a sparkling dress, styling her hair in a corkscrew curl updo reminiscent of Rose's locks.

The star-studded night was attended by the likes of Alan Carr, Sam Taylor-Johnson, Mark Ronson, Zane Lowe and Aaron Paul.



She enthused: "Dirty 30! I'm not sure what I'm going to do for the next 30 years as I've been blessed beyond words in my life so far. Thank you to everyone for coming along for the ride the last 11 years with me. My family and friends for entertaining my super fandom of the Titanic movie. Last night was the



best night of my life. Here's a couple pics. I'm absolutely f**ked, not sure I'll make it out the house again!" Adele also thanked Childish Gambino, who had presumably performed for guests at the intimate soiree. "Ps Childish Gambino how the hell do you have time to offer us so much greatness

on so many platforms. I adore you x." she enthused.

The superstar's close pal Alan Carr also shared some snippets from the party, including a funny video of himself in drag. The comedian appeared to be dressed as Margaret Brown, posthumously known as "The Unsinkable Molly Brown", an American socialite and philanthropist played by Kathy Bates.

As the night drew to a close, he tweeted: "Most parties you leave with a goody bag!!! But a life jacket!!!! WTF!!!! Ha!"

Adele's guests flocked to a mystery location in Beverly Hills, partying in what appeared to be an exact replica of the award-winning drama's set.

Meanwhile, Adele is no stranger to a costume party, always going all out for Halloween and her birthday - most memorably channeling Jim Carrey's character from 1994 comedy The Mask, complete with prosthetics.

THE DAY AHEAD

ARIES: Matters of the heart are likely to get a bit sticky, Aries. Perhaps you feel as if someone is shutting off from you and being very stubborn about it. Perhaps this person is giving you the cold shoulder and refusing to acknowledge you until you crawl back with an apology. The problem is that your pride is stubborn, and your view on the matter is equally so, making any resolution difficult.

TAURUS: Your warm, loving, romantic nature is noticed whether you realize it or not, Taurus. Perhaps you sometimes feel like there isn't enough excitement in your life - especially your love life. Don't think this means you need to change in order to please others. Your stable, quiet nature is comforting to those who un-

derstand and appreciate it. The last thing you want to do today is pretend to be someone you aren't. GEMINI: When it comes to romance in your life, Gemini, there may be a great deal of talk but not enough action. Perhaps you're a terrific flirt who can keep things moving at a quick pace intellectually, but nothing really comes of it when you have to take concrete action and manifest those words in a romantic setting. This is one day when this conflict of interests makes itself known more blatantly than usual. CANCER: Things are coming to a dramatic climax for you in matters of love and romance, Cancer. Perhaps you've been nurturing a relationship. You've put a lot of passion and soul into building a

strong connection. This is a time of reckoning in which you take a step back and see what you've gained from it all. Do you have a partner for life or someone who doesn't appreciate you as much as you think they should? LEO: For you, Leo, love is like an adventure, crazy sport, or some sort of video arcade game. Lately, you may have been too caught up in the fantasy aspect of it without taking into account the practical nature and nitty-gritty of what it takes to keep a relationship afloat. You might need to take a more realistic view of it now. Be more sensitive to your emotions and honor them accordingly. VIRGO: Love and romance should be going well for you now, Virgo. However, today you could

find that things get a bit uneasy when either you or your partner suspects something isn't true or is suspicious about the situation at hand. Someone may get caught in a difficult predicament when the veil of deception is suddenly lifted and the truth revealed. There could be some difficult explaining to do. LIBRA: The notion of truth could get shot down today due to someone who knows you better than most, Libra. It won't take a long, drawn-out conversation or deep explanation to reveal the fact that there is a bit of deception that has been covering the truth. Don't try to hide from loved ones who are only trying to do what's best for you. Be open and honest with those who really care. SCORPIO: Do what you can to

stabilize your emotions, Scorpio. Romance should be on a slow, steady path as long as you're honest with yourself and others about how you feel. Perhaps you're so caught up in your fantasy world that you fail to see that things are actually moving in your favor. Conflict that arises today may be uncomfortable, but ultimately it will shed more light on the truth of the situation. SAGITTARIUS: You need to slow down in matters of love and romance, Sagittarius. You're likely acting on the assumption that things are fine and you can continue moving at lightning speed even though you long ago lost your road map. There's a degree of fantasy in your world. It doesn't take into account the fact that there are

areas where you need to be more sensitive to your partner and perhaps take things more slowly and methodically. CAPRICORN: Issues of love and romance should be going well for you, Capricorn, and you'll find that regardless of where you are in your relationships, you're right where you need to be. There's an element of fantasy at work today that's making you much more susceptible to romantic dreams and ideas. The good news is that you have the power to put these dreams into motion. Manifest your wildest fantasies with a loved one tonight. AQUARIUS: Things are coming to a difficult stalemate regarding the love in your life, Aquarius. Perhaps you've felt like every-

thing was going fine and you had nothing to worry about. In reality, this notion of "fine" was just your self-denial hard at work making you think that you could continue on your path without really considering how your actions affected others. Be prepared for a reality check that you didn't see coming. PISCES: Love is very real to you. You're apt to take it very seriously, perhaps even too seriously, Pisces. This is one of those emotions that eventually takes over your brain and leaves no room for rational thoughts on the topic. The good news is that matters regarding love and romance should be stabilizing at this time, giving you the opportunity to face this area of your life from a rational perspective.

Kylie & Travis put baby rumours to bed as they arrive in New York for Met Gala!

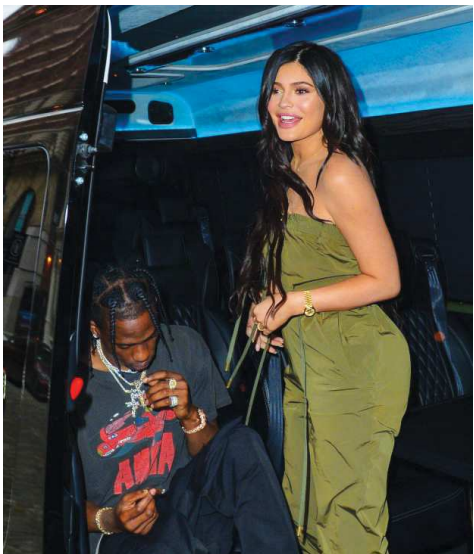
Kylie Jenner and Travis Scott have shown a united front amid rumours that Kylie's bodyguard is in fact Stormi's father.

The pair were seen leaving The Mercer Hotel in the SoHo area of Manhattan after arriving in New York for Monday's Met Gala. Crowds gathered around the couple to take pics with their favourite celebs, as they hopped into their getaway car. They were both joined by the 20-year-old's BFF Jordyn Woods, and had spent the previous night out on the town with Kylie's older sis Kendall Jenner.

The couple welcomed their baby daughter Stormi into the world just three months ago, and conspiracies have already been made about who the father of their baby is. Despite Kylie allegedly taking a paternity test to prove that her ex Tyga was not the dad, fans are still convinced that the reality star had her bodyguard, Tim Chung's, baby.

However, according to Hollywood Life, the pair are laughing off these rumours.

A source told the publication: "Kylie thinks it's hilarious that fans think her bodyguard could be her baby daddy and not Travis. Travis even got a huge kick out of it and laughed at the outrageous meme. Babies can look



like anyone when they're that young, so Kylie and Travis think it is stupid that people are drawing that connection and haven't even given it a second thought."

The rumours started on social media when a picture was shared of Kylie stood next to Tim. Fans then started to tweet out Kylie's cute snaps of Stormi, next to the bodyguard's face.

In response to the many posts speculating, one person on Twitter wrote: "Crazy I saw it this morning. Just

stupid. They are not going to do a DNA test feel bad for the child if Travis is not her father and they keep it from her. The real question is why are you with that Scott guy when your bodyguard looks like that?"

Someone else said: "Omg, I thought the same when I saw the picture of the bodyguard, why oh why. The bodyguard baby... look at the eyebrow structure? how she got one side the straight and had the team that's arched over."

Ranbir Kapoor, Varun Dhawan good for "Ram Lakhan" remake: Subhash Ghai

MUMBAI, MAY 7 [PTI]: Filmmaker Subhash Ghai says there are many good actors today, like Ranbir Kapoor and Varun Dhawan, who can take star in the remake of his 1989 film "Ram Lakhan".

Rohit Shetty was earlier supposed to helm the "Ram Lakhan" remake, to be produced by Karan Johar. It has been currently put on hold.

Shetty had said young stars were insecure to do a two-hero film and most of them wanted to play the flamboyant Lakhan [played by Anil Kapoor] than portray the righteous Ram [played by Jackie Shroff].

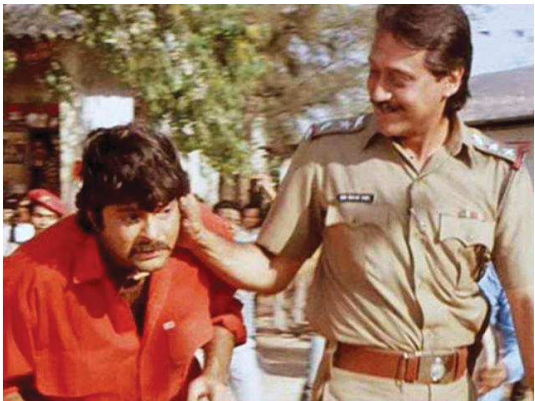
Asked about the delay in the remake, Ghai said everyone has their reasons as each one wants to put their best foot forward.

"Anyone who wants to remake, has to make it better than the original. Karan Johar, Rohit Shetty are responsible people and are counted as among great directors of today.

"They're taking their time. I'm happy. I know whenever they'll make the film, they'll make it well," Ghai told reporters at the re-premiere of "Ram Lakhan" at New Excelsior Mukta A2 Cinema here last evening.

He said the plot of the film is such that even if Shetty remakes it with a fresh cast, it will become a hit.

"If Rohit Shetty makes 'Ram Lakhan'



with newcomers, even then it'll run. When I had started 'Ram Lakhan', both these actors [Shroff, Kapoor] were coming from five flops each. People had written them off. But I took them because in this film, characters are stronger than the stars," he said.

Asked who among the younger stars he thinks can feature in the modern take of "Ram Lakhan", Ghai said, "There are many brilliant actors today. Ranbir Kapoor is a great. Varun Dhawan is a great actor. There are so many who are good."

The director said today there is a sense of insecurity among actors as "the competition is more".

"There are a lot of factors around stars to make them more insecure. Earlier, they were surrounded by close people, now they have a marketing team... Box office numbers which are changing every minute. Every star is living every minute," he said.